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Wednesday, October 24, 2012



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Paul Laframboise, seen in this photo taken for the Arnprior EMC for a story about his skills as a bow maker, is facing a number of charges, including sexual assault and invitation to sexual touching. DAVE JOHNSTON/FOR ARNPRIOR EMC

73-year-old charged with sex assault

Ex-Sunday-school teacher. Police say alleged incidents took place within the last two years; accused man's wife says her husband is innocent

The wife of a former Sunday-school teacher charged with sex- and weapons-related crimes vows to stick by her man.

Joyce Laframboise said she is shocked and had no idea anything was amiss until police put her husband Paul, 73, in handcuffs and charged him with offences including sexual assault, invitation to sexual touching, sexual interference, sexual exploitation, uttering threats, and a variety of weapons offences.

"I wasn't expecting all this. They are trying to get him," she said, referring to media who

had set up outside her home. "My husband is a good man, as far as I'm concerned. He has never hurt me and he never would."

Police said an investigation began when a complainant alleged past sexual abuse. Over the course of the investigation, it has become evident that there are a number of alleged victims involved, according to police.

Laframboise was arrested on Friday. He appeared in court on Monday and was remanded into custody until Wednesday as additional charges were expected.

Joyce said that after 52 years of marriage, a woman knows her husband fairly well, and that Paul is a moral person.

"I've never doubted my husband," she said. "I'll love him and I'll be with him no matter what."

Fitzroy Harbour, West Carleton and Kanata areas are the communities where

Info lines

Police say anyone with information should call 613-236-1222, ext. 5944 or Crime Stoppers at 613-233-8477 (TIPS) or toll free at 1-800-222-8477.

Laframboise was a Sunday school teacher. At one time, he was a member of the West Carleton Christian Assembly. No one at the church was available for comment prior to press deadline.

Laframboise and his hand-made bows and arrows have appeared on CTV's Regional Contact and in the Sept. 27 issue of the West Carleton Review EMC. In the story, he said the couple try to help others, adore children and that they have sponsored children around the world for more than 30 years through groups such as World Vision. **TORSTAR NEWS SERVICE**



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Queen's Park

MacLeod joins Tory ranks in demanding return of legislature

Nepean-Carleton MPP Lisa MacLeod joined fellow Progressive Conservative caucus members in signing a letter Tuesday demanding Premier Dalton McGuinty recall the legislature.

"There's important work to be done," MacLeod said Tuesday afternoon ahead of a planned press conference outside McGuinty's constituency office. "All the Liberal party seems to be concerned about is who is going to have the next top job in their party."

It's been nine days since McGuinty asked Lt.-Gov. David Onley to prorogue the legislature and announced he will resign as premier after his party hosts a leadership convention, now planned for the last week of January.

On Tuesday, McGuinty also quashed speculation he might run for the federal Liberal leadership.

Prorogation killed legislation on the house agenda and delayed a contempt investigation into Energy Minister Chris Bentley's alleged role in withholding thousands of documents about cancelled power plants.

It also means the opposition can't force an election while the Liberals are in the midst of a leadership race.

"The Liberals know full well that they could have had a leadership race in the summer, they could have had one after the next election. They chose not to. This is their fault. They created this mess," MacLeod said.

ALEX BOUTILIER/METRO



Collision sends garbage collector to hospital

A Tomlinson garbage collector is in hospital with life-threatening injuries after being struck by a vehicle on Greenbank Road near Bankfield Road, south of Barrhaven, on Tuesday. Police said the 46-year-old man crossed from the east side of the road into southbound traffic and was struck by an SUV.

MIKE CARROCCETTO/METRO

Cops must learn to work in camera's eye: OPA

Surveillance. Ottawa officer recently docked pay for punching man during 2011 arrest



ALEX BOUTILIER
alex.boutilier@metronews.ca

Police have to adjust to a world where they're the ones under surveillance, according to the Ottawa Police Association (OPA).

OPA president Matt Skof says his members are becoming more aware of the fact that bystanders can record officers' actions and post

Quoted

"We have so many people who are willing to possibly edit (a video) but also to put it out into a different context. It's very challenging. It's something that we're facing now more than ever."

Matt Skof, Ontario Police Association president

them to the internet within minutes.

"That's probably the reality of the world we live in. Video is everywhere. My officers on the road are on video," Skof said on Tuesday.

"The part we have an issue with is sometimes the video isn't shown in the right context."

Skof was speaking in the wake of a decision to dock Ottawa police Const. Jason Bennett eight days' pay for discreditable conduct. Bennett was involved in a January 2011 incident where he punched a man he was arresting several times in the face.

A video of the incident

later appeared on YouTube.

Skof says one way to ensure the video includes the "right context" is being piloted by Edmonton police right now. The force is testing shoulder-mounted personal cameras that record officers' day-to-day conduct.

"We often get put into a light when the video is not owned by us," Skof said. "(The pilot) just puts it in a much more realistic light as opposed to the last 30 seconds of something."

Skof notes there are still many issues surrounding the concept that need to be explored — privacy issues chief among them, but the associated costs as well.

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WHY WEIGHT?

Circus hopes to keep alive 1920s take on entertainment

Classic carnival. The road show leaves town after Oct. 27

For the next four nights, Montreal's Blue Mushroom Sirkus Psyshow will take people on an eerie and magical adventure like no other at Hull's Le Troquet restaurant.

The show mixes vaudevilian characters with sideshow acts to recreate a classic travelling carnival, which most guests may be too young to remember, but won't soon forget.

"It's a very eclectic, 1920s-style circus," said the show's ring mistress, Bonny Giroux, who goes by the stage name BonBon Bombay.

Giroux, originally from Hawkesbury, Ont., formed the group in 2010 with sword-swallower István Betyár and strongman Carl "Mighty Leviticus" Nickerson.

"I want people to see that we're still keeping it alive," said Giroux.

"We want them to be amazed and walk away going, 'That was a trip.'"

Instead of animals and acrobatics, this circus highlights the talents of its characters, from the bald-headed, heavily-tattooed Mighty Leviticus to Buttercup, "the little person with the huge heart."

"I think my favourite part of the show is one of the strongman acts called Levi in Love, because you get to see both sides of the strongman," said Giroux. "You see his soft side, and then you see his strong, wilder side. It's a real crowd-pleaser."

This is the first time the Blue Mushroom Sirkus Psyshow performs in Gatineau. Tickets are still available on Le Troquet's website. The circus leaves town after Oct. 27.

ROSANNA HAROUTOUNIAN/FOR METRO



Strongman extraordinaire the Mighty Leviticus tries to woo audience member Louise Marchildon on stage at the The Blue Mushroom Sirkus Psyshow in Gatineau's Le Troquet restaurant Tuesday night. The road show leaves town after Oct. 27. ROSANNA HAROUTOUNIAN/FOR METRO

Online

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Middle East ripe for Canadian bands, expat artist says



Lazy Lung members, from left, Anthony Sahyoun, Charbel Salem, Allan Chaaraoui and Imad Jawad. Chaaraoui will play a rare solo concert of new material on Friday at Zaphod Beeblebrox. GRAHAM LANKTREE/METRO

Despite last Friday's deadly bombing in Beirut, the Middle East is ripe for Canadian bands looking to tour, says a musician playing here Friday, fresh from stops in Jordan, Dubai, Egypt and Cyprus.

"Surprisingly, they're all really hungry for this sort of stuff," said Allan Chaaraoui, the Ottawa-born lead singer and guitarist of Beirut-based Lazy Lung, of Middle Eastern youth.

"The youth are just deprived aside from the taste they get from YouTube, if they're allowed to get on it," he said. "I've always tried to bring a Canadian sound, that raw rock

'n' roll that has been going on for some time."

Chaaraoui started the band a couple years ago after travelling to Beirut for work. "Cover bands rule the planet in the Middle East. Lebanon is all about electro-dance music. We entered the Rolling Stone battle of the bands in Dubai and kicked the crap out of everybody. We were an exception who started out playing no covers."

On the band's upcoming 2013 album, *Sailor's Delight*, Chaaraoui said they wrote up-tempo tunes to appeal to the dance crowd. "The music in

some of the songs is a little bit more dance-party-oriented," he said. "Everybody here really likes to dance and move."

The album has a lot to do with the fact that Chaaraoui is always travelling, he said. "A sailor's delight could be interpreted that these sailors are out and working and looking forward to coming back to land, say the weekend. This is for the weekend warrior."

Lazy Lung and the American punk outfit the Black Lips, who joined them on tour, had to tone down their shows.

"We want to make the Middle East a viable option for

bands," said Chaaraoui.

"As a group, we've been trying to change the perception of violence in Western eyes," he said. "A comparison of what happened in Lebanon is like a battle happening in Arnprior. A lot of people there know about Canadian bands and I act as a cultural ambassador, spreading their music. We're working hard to bring international and local acts from Toronto and other Canadians."

Chaaraoui will play a solo concert of new material at 8 p.m. Friday at Zaphod Beeblebrox. Tickets are \$5.

GRAHAM LANKTREE/METRO

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Heading in different directions politically: U.S. President Barack Obama and Republican challenger Mitt Romney walk past each other onstage after Monday's presidential debate. PABLO MARTINEZ MONSIVALS/THE ASSOCIATED PRESS

Obama after the debate: Mitt has 'Romnesia'

Final countdown.

Hard-hitting U.S. president accuses the normally hawkish Republican of shifting his positions

U.S. President Barack Obama has come out swinging — again.

The morning after the last televised presidential debate — in which critics say he gave a hard-hitting performance — he accused his Republican challenger Mitt Romney of shifting his positions.

He even joked that Romney

Quoted

"I will stand with Israel if Israel is attacked."

U.S. President Barack Obama during Monday night's presidential debate

was suffering from "Stage 3 Romnesia."

"We are accustomed to seeing politicians change their position from four years ago," Obama told a Florida rally Tuesday.

"We are not accustomed to seeing politicians change their positions from four days ago."

Romney presented a more centrist approach to foreign policy during the Monday-

night debate.

But the Obama campaign said the Republican's performance showed he is willing to shift from or lose his more conservative positions to satisfy his more mainstream constituents.

The two are neck-and-neck in the race for the White House as they enter the two-week home stretch before election day.

During Monday night's debate, Romney largely expressed agreement with how Obama has conducted U.S. foreign policy.

Romney even congratulated Obama "on taking out Osama bin Laden."

THE ASSOCIATED PRESS

State prison

Sandusky sees his new home

Jerry Sandusky, the disgraced former Penn State coach, became a state prison inmate Tuesday.

The 68-year-old was transferred out of the Centre County jail, his home since he was convicted in June of child molestation.

He arrived at the State Correctional Institute at Camp Hill, just outside Harrisburg, Pa.

Sandusky was sentenced this month to 30 to 60 years for sexual abuse of 10 boys over a 15-year period.

THE ASSOCIATED PRESS

Can quakes be predicted? Court says yes, leaving Italy's experts in fear

Four top Italian disaster experts quit their posts Tuesday.

They said the manslaughter convictions of former colleagues for failing to adequately warn of a deadly 2009 earthquake mean they can't effectively perform their duties.

A court in the quake-devastated town of L'Aquila convicted seven ex-members of Italy's so-called "Great Risks Commission" and sentenced each to six years in prison.

The sentences prompted predictions that experts will be discouraged from work-

308 killed

The 6.3-magnitude quake left 308 people dead in April 2009.

ing in Italy for fear of similar risks of prosecution.

Prosecutors said the defendants didn't properly warn town residents of the risk of a big quake.

But scientists say major earthquakes cannot be accurately predicted.

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Public interest prevails

Correctional Service tries to prevent release of cell-death video

Federal prison authorities are going to court to try to stop release of a jailhouse video of a teen who died in her cell.

Their announcement came just after the coroner refused to put a publication ban on the videos of Ashley Smith.

Prison authorities wanted the videos of a dying Smith kept from public view. But coroner Dr. John Carlisle said the public's right to know was too important.

THE CANADIAN PRESS

Annual report

Self-harm by prisoners rising

The federal correctional investigator says the number of prisoners harming themselves in federal penitentiaries has almost tripled in the last five years.

THE CANADIAN PRESS

E-vulnerability

Feds slow to respond to cyber-attack threat: AG

The federal government has been slow to boot up an effective response to the rapidly growing threat of cyber-attacks on crucial systems, says Canada's auditor general.

In his newly tabled report, Michael Ferguson reveals the government has made only limited progress in shoring up vital computer networks and has lagged in building partnerships with other players.

THE CANADIAN PRESS

Foreign workers

B.C. investigates recruitment ad

The provincial government is investigating after the B.C. Federation of Labour complained an employment agency has been advertising for Canadian jobs, offering miners in China a chance to work here in exchange for exorbitant recruitment fees.

THE CANADIAN PRESS

Harper backbencher gives awards to anti-abortion crusaders

Diamond Jubilee medals. Activists jailed repeatedly for aggressive actions called 'heroines of humanity' by Vellacott

Conservative MP Maurice Vellacott, who gave Diamond Jubilee medals to two anti-abortion activists who have been jailed repeatedly, calls them "heroines of humanity."

Vellacott gave one of his 30 allotted medals to Mary Wagner, whose aggressive actions "counselling" women at abortion clinics have repeatedly landed her behind bars.

The Saskatchewan MP also gave one to Linda Gibbons, another longtime pro-life advocate and frequent convict on mischief charges.

THE CANADIAN PRESS



Saskatchewan Conservative MP Maurice Vellacott is shown in the House of Commons in May 2006. FRED CHARTRAND/THE CANADIAN PRESS

Well-being. Economy OK but Canadians not so much

Canada's economy may well be muddling through, but on a more personal level, Canadians generally are not, a new study of well-being suggests.

The Canadian Well-being Index, led by researchers at the University of Waterloo, shows that quality of life in Canada deteriorated by 24 per cent between the onset of recession in 2008 and 2010.

Canada's main economic indicator, gross domestic product, only declined by about 8.3 per cent over the same period and began to make a turnaround by the end of 2010.

"When Canada's economy was thriving, Canadians only saw modest improvements in their overall quality of life," said Roy Romanow, co-chair of the index's advisory board. "But when the economy faltered, our well-being took a disproportionate step backward." THE CANADIAN PRESS

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Syria: It's a matter of life and death



A view of damaged buildings from shelling in Aleppo, Syria, taken Sunday.
MANU BRABO/THE ASSOCIATED PRESS

Aleppo under siege. Survival instincts are being stretched to the limit as rebels and Bashar Assad's regime clash and battle for Syria's largest city

The rumble of engines in the sky immediately set the Aleppo neighbourhood below

on edge. Men peeked from shops anxiously at the Syrian warplane circling slowly overhead. Housewives emerged on balconies to gauge whether they were about to be hit. But the kids hanging out on the street were unfazed. One kept dribbling his basketball.

Finally, the jet struck. Engines revving louder, it dove and unleashed a burst of heavy machine-gun fire into a nearby part of the city. It soared back up under a hail

of rebel anti-aircraft fire, then swooped back down for a second strafing run.

The women on the balconies broke into tears, fearing for the children in the street. But the boys just pointed at the jet, shouting "God is great" in challenge. "God send you to hell, Bashar," one boy yelled as the jet flew away.

With death lurking around every corner, the survival instincts of Aleppo's population

are tested every day as the battle between Syria's rebels and the regime of President Bashar Assad for the country's largest city stretches through its fourth destructive month. Residents in the rebel-held neighbourhoods suffering the war's brunt tell tales of lives filled with fear over the war in their streets, along with an ingenuity and resilience in trying to keep their shattered families going. **THE ASSOCIATED PRESS**

Gaza Strip

Landmark trip for emir of Qatar

The emir of Qatar became the first head of state to visit the Gaza Strip since Hamas militants seized the territory five years ago, showering almost half a billion dollars and unprecedented political recognition on the Islamic militant group. The Tuesday visit highlighted the tumultuous changes that have swept the region during the Arab Spring events over the past two years, pushing once-shunned Islamic movements to the forefront of Mideast politics.

THE ASSOCIATED PRESS

Double life

Informant denounces NYPD

A paid informant for the New York Police Department's intelligence unit was under orders to "bait" Muslims into saying inflammatory things as he lived a double life, snapping pictures inside mosques and collecting the names of innocent people attending study groups on Islam. Shamiur Rahman, a 19-year-old American of Bangladeshi descent who has now denounced his work as an informant, said it involved creating a conversation about jihad or terrorism and sending it to the NYPD.

THE ASSOCIATED PRESS

Afghanistan. 10 Afghan troops dead after ambush

Taliban insurgents killed 10 Afghan troops in an ambush in western Herat province, police and government officials said Tuesday.

A spokesman for the provincial governor, Muhiuddin Noori, said the Afghan troops (which included both soldiers and police) were searching late Monday for a group of insurgents who had earlier set up a roadblock, stopping and seizing passing vehicles, when they were ambushed.

Five policemen, including the district commander and five soldiers, died in the ensuing firefight, Noori said. There were no insurgent casualties,

but police later arrested 25 suspects found in the area, he said.

Also Tuesday, an American service member was killed in an insurgent attack in the east, the U.S. military said in a statement. It did not provide further details about the attack. The latest death makes at least 12 American service members killed so far this month and 265 killed so far this year.

The Herat ambush was the bloodiest single incident for Afghan security forces this year in western Afghanistan, an area where the insurgents have been less active than in their strongholds in the east and west. **THE ASSOCIATED PRESS**



An Afghan National Civil Order policeman searches a man in Marjah, Afghanistan, Sunday. A Taliban ambush left 10 Afghan troops dead Tuesday. One American soldier was killed in a separate attack. ANJA NIEDRINGHAUS/THE ASSOCIATED PRESS

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iPad Mini priced well above rivals

Orders start Friday. New tablet 'is not just a shrunken-down iPad,' senior Apple exec says

Apple introduced a smaller iPad on Tuesday as expected, and updated its full-sized one. It also unveiled new Mac computers, including a 13.3-inch version of a MacBook Pro with sharper, "Retina" display.

With a screen measuring 7.9 inches on the diagonal, the iPad Mini is about two-thirds the size of the regular iPad. "You can hold it in one hand," said Philip Schiller, Apple's senior vice-president for worldwide marketing. "It's not just a shrunken-down iPad. It's an entirely new design."

The iPad Mini starts at \$329 US, which makes it more expensive than rival seven-inch products — Amazon.com Inc.'s Kindle Fire starts at \$159 US, and Google Inc.'s Nexus 7 at \$199 US.

Advance orders for the iPad Mini and the new full-sized

iPad will begin Friday, and the products will be available Nov. 2. Two weeks later, a version capable of using cellular networks will go on sale. That's a feature the cheaper, seven-inch tablets don't have.

The new full-sized iPad is an update to the third-generation device that went on sale in March. It has a sharper screen and promises a faster processing chip and faster wireless Wi-Fi connectivity. Prices start at \$499 US.

• A new thinner and lighter version of the 13.3-inch MacBook Pro, with a sharper display, will start at \$1,699 US.

• New iMac computers feature what looks like a super-thin display screen — but Schiller noted "there is an entire computer in here."

• A new Mac Mini starts at \$599 US and comes with four gigabytes of RAM.

THE ASSOCIATED PRESS



The iPad Mini, shown in San Jose, Calif., on Tuesday, has a screen about two-thirds as large as the full-sized model.

MARCIO JOSE SANCHEZ/THE ASSOCIATED PRESS

Quick-touch payments. Tim Hortons rolls out Interac Flash

Tim Hortons has joined other Canadian retailers in adding Interac Flash cards to the number of ways customers can make cashless payments at the counter.

The restaurant chain expects more than 2,300 locations across the country to be accepting the wireless touch cards by the end of October.

Rather than adding to a credit-card balance, the Interac cards draw down the funds from the customer's bank account. THE CANADIAN PRESS



You may soon be able to get your caffeine fix a little bit faster.
TARA WALTON/TORSTAR NEWS SERVICE/FILE

London. Conrad Black calls BBC interviewer 'British fool'

Former media magnate Conrad Black has given a combative TV interview on the BBC in which he suggested he could resume his seat in the House of Lords.

In an interview with testy exchanges, Black termed the BBC host a fool and talked about "being able to endure a discussion like this without getting up and smashing your face in."

The former media magnate told BBC Two's Newswatch the U.S. charges that sent him to prison for close to three years

were "rubbish" and that he had been "persecuted half to death." Black, who returned to his Toronto home this year after being released from a Florida prison also suggested he plans to keep his seat in Britain's House of Lords.

But the chat with Newsnight's Jeremy Paxman soon became heated when the host referred to Black as a convicted criminal and Black responded by calling Paxman a "priggish, gullible, British fool."

THE CANADIAN PRESS

Beef recall

Federal food-safety watchdog allows plant to reopen

The Canadian Food Inspection Agency restored the operating licence Tuesday for a southern Alberta meat-packing plant at the centre of a massive recall of tainted beef, and also launched a review of the E. coli crisis that sickened at least 16 people.

But the agency acknowledged that its control over food safety inside the nation's slaughterhouses has its limits: it is still up to companies to honour their own safety plans.

Union officials say XL Foods employees are being summoned for training and suggest production could resume on Monday.

THE CANADIAN PRESS

Employee drug-testing

Court turns down Suncor challenge

Suncor Energy has lost another legal round in its plan to randomly test thousands of unionized oil-sands workers in Alberta for drugs and alcohol. But the court battle pitting work-site safety against individual privacy rights isn't over.

Earlier this month, the Communications, Energy and Paperworkers union Local 707 won an injunction against a testing policy implemented during the summer. A judge ordered the matter be settled through arbitration. An Alberta Court of Appeal judge ruled Tuesday against a Suncor application for a stay of the injunction.

THE CANADIAN PRESS

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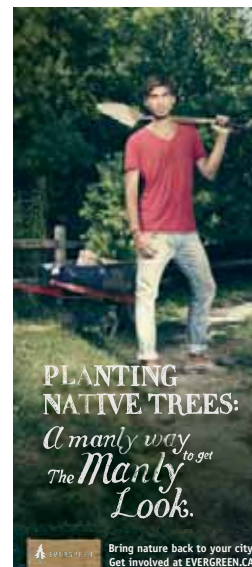
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but you made it easy. Too easy actually.
I gave you what money I had,
hoping to make all these stressful calls stop. But they didn't stop,
and did you know I'm being sued now?
Is that part of your easy process?
So thank you, I've learned a lot from this.
Most of all, I've learned not all debt solutions are created equal.

Oh by the way, I've called BDO."



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A DESTINATION WEDDING WHERE NO MAN HAS GONE BEFORE



JUST SAYIN'
Paul Sullivan
metronews.ca

Figure it out. The average life span lasts about 29,000 days. Might sound like a lot, but that's all you get.

So why would you spend a single one at a Star Trek convention?

The original Star Trek's Capt. Kirk, William Shatner, had a lucid moment a few years back when he wondered the same thing.

Kingdom Klingon

They're so obsessive that the big event of the two-day fest, which ended Sunday, consisted of setting the record for the largest gathering of people dressed in Star-Trek-themed costume.

which ended Sunday, consisted of setting the record for the largest gathering of people dressed in Star-Trek-themed costume. The previous record of 1,040 nerds in a room was beat, as 1,083 Klingons, Vulcans and Ferengi came together to ... come together.

One couple really came together, exchanging vows as Klingons, the warrior aliens immortalized by Worf in Star Trek: The Next Generation. They spent their honeymoon at the convention, natch. I can't help but wonder what happens the first time Jossie tries to bite Sonnie (they're both Swedish in real life) on the neck (how a Klingon indicates he or she is interested in sex), and Sonnie says "Not tonight dear, jlwuQ (I have a headache)." The fur will fly, no doubt.

Not only did trekkers (the politically correct version of "trekkie") waste two of their 29,000 to pine for a program that went out of production on May 13, 2005, they spent as much as 3,000 British pounds on a ticket.

To be fair, the damn thing is tougher to kill than a Romulan battle cruiser. J.J. Abrams directs the next movie, which documents the further adventures of a reinvented Capt. Kirk, set to open on May 17, 2013, eight years later, almost to the day the series died.

How's that for symmetry? Symmetry is very important when you're a trekkERRRR.

If this keeps up, Star Trek will eventually catch up to its fictional "real time," sometime in the 23rd century. In fact, I'm surprised this has never been a Star Trek episode, as it's right up their alley.

Full disclosure: I used to be a fan, but bailed when the show jumped the shark somewhere between Deep Space Nine and Voyager. But I'd like to think I never thought of Scott Bakula (Star Trek captain No. 1) as "legendary" or the kiss between Capt. Kirk and Lt. Uhura as a milestone in U.S. race relations.

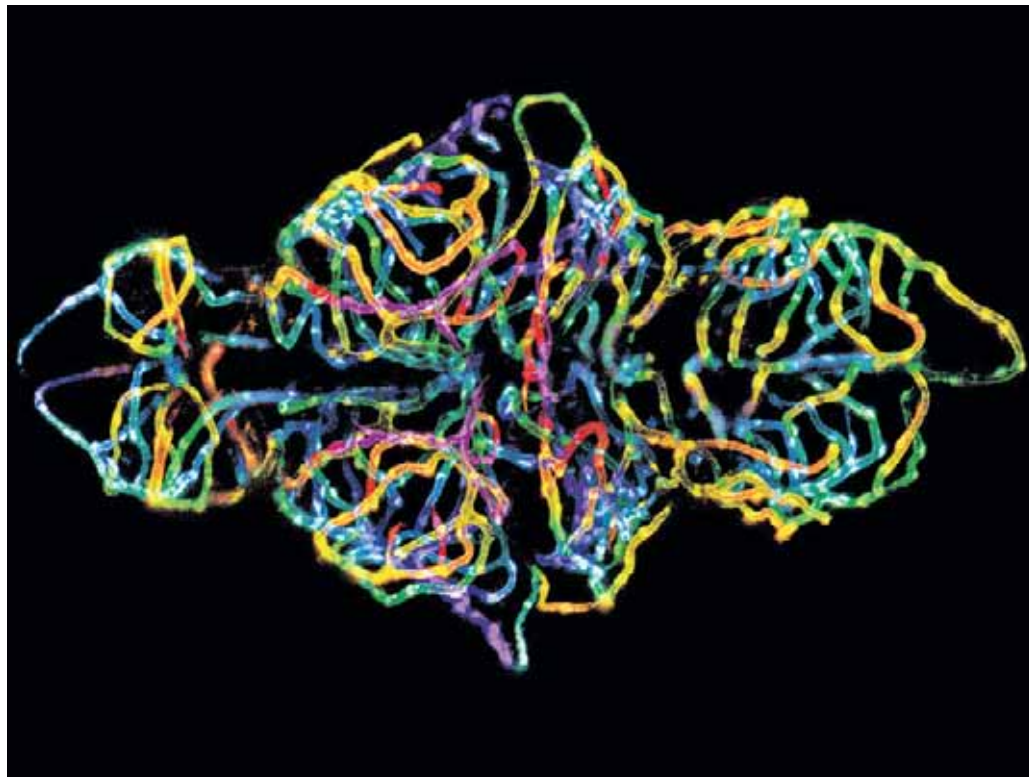
Yes, all the various Star Treks won 31 Emmys. But Frasier won 37 all by itself, and they don't have a Frasier convention every year with 1,000 Jack Russell terriers called Eddie.

At least not yet.



Jossie Sockertopp and Sonnie Gustavsson tie the knot in a Klingon wedding ceremony last weekend in London, England. OLI SCARFF/GETTY IMAGES

This photo is a little fishy



JENNIFER L. PETERS AND MICHAEL R. TAYLOR/NIKONSMALLWORLD.COM

Photomicrography

Fish brain lights up to win contest

A first-ever picture of the blood brain barrier in a live animal has won this year's Nikon Small World Competition, which recognizes excellence in photography taken through a microscope.

The blood brain barrier in a live zebra-fish larva was made by Jennifer Peters and Michael Taylor at St. Jude Children's Hospital in Memphis, Tenn.

METRO

Q & A

This is a photo first

Can you describe the photo?

This image is of blood vessels from the brain of a live zebra-fish larva. Using a fluorescent protein, we labelled the vessels that make up the blood brain barrier. As the colour changes from red to yellow to green to blue, the vessels are going deeper into the brain.

How is this image important in science and art?

This is the first time the entire blood brain barrier has been imaged in a live animal. I believe that new models of the blood brain barrier, such as the zebra fish shown in our image, may lead to new treatments for central-nervous-system diseases that disrupt the BBB: neurodegenerative disorders, brain tumours and strokes, to name a few.

Aesthetically, it's absolutely stunning.



MICHAEL TAYLOR
Biology researcher

Science explained

What's a blood brain barrier?

This defensive barrier is a group of cells that let nutrients and other necessities move between blood vessels and the central nervous system, while keeping bacteria out of the brain's region. METRO

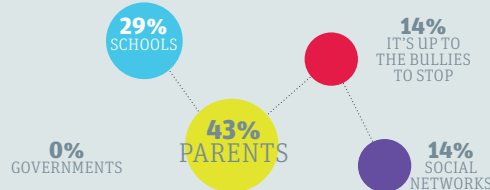
Online

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Who should lead the charge in the fight against cyber-bullying?



Twitter

@Oschlo :

Everytime I'm in Ottawa, I want to be home. But when I'm home, I can't wait to get back to Ottawa. #confused #smalltownproblems

@DJ_Plath:

Omg, new Ottawa radio station street team just came into Algonquin College's Cafeteria and started dancing "Gangnam Style" #awkwardmoments

@NextMrFantastic:

stoked to be back in ottawa saturday night. i need some serious bromanticism

@bighitterdano:

Good job city of Ottawa thanks for our third green box we don't use them out here one has empty beer cans in it n the other has bird seed

@KristenCochrane:

A truck just hit the #otctranspo 7 in the #Glebe. Aint nobody got time for dat.

'I was James Bond'

London. Reporter plays 007 for a day, scaling an arena, drinking martinis and scoring a Bond girl

ANTHONY JOHNSTON
Metro World News

As a copy editor, I'm a stickler for, well, everything: words, grammar, facts ... and movie trivia. I know a thing or two about James Bond (his dad was Scottish and he has a drink every 24.3 minutes, for example) but I never pictured myself as 007.

In fact, no one has pictured me as 007. At six-foot-six and close to 275 pounds — counting my bushy beard and hair — I am closer to jaws in stature and have as much experience with firearms as Moneypenny (none). Despite all this, I took up the mission of Be Bond for a day to see if I could masquerade as a secret agent.

Cut and shave à la Bond

To be Bond, you have to look the part. So that means a respectable tuxedo — Moss Bros. of King Street, Covent Garden fixed me up — and an all-out makeover: At traditional barbers Murdock London (Liberty department store, Great Marlborough Street, London), they specialize in slick side-parting styles and wet shaves with cut-throat razors.

Prepared, I whip out a photo of Sean Connery in Dr. No — it's the look I want. My barber Alex Glover applies lashings of exfoliating creams and several hot towels to my face before diving into the mossy bush on my cheeks and atop my head.

The result is pure, pomaded Sean. I am now ready to climb a building.

Johnston, Anthony



Licence to Thrill: Anthony Johnston, a.k.a. James Bond, in front of the iconic O2 Arena in London. Inset, Anthony as Daniel Craig taking care of an adversary. NICK CUNARD

Johnston

In *The World is Not Enough*, 007 lands atop London's O2 arena after falling from an exploding hot-air balloon. Forgetting to bring my exploding hot air balloon, I sign up for the site's latest attraction Up at The O2, a 190-metre open walkway that stretches over the roof.

Attached to a harness, visitors scale the tensile fabric path, which at its steepest has an incline of 30 degrees, and finally rest at the observation deck — 52 meters above ground level. (The equivalent of 27 Sean Connerys and one Nick Nack, stacked up tall.)

Vertigo nearly kicks in. But if you're like Bond and walk with purpose — as fast as you can — at the top you're rewarded with the spectacular skyline of London's Canary Wharf financial district.

You'll also have a good view of your fellow climbers, some of them, ahem, Bond girls.

Despite my tux, they were reluctant to pose with me. But after I donned a Daniel Craig mask, they rushed in, and one bloke even let me shoot him with my fake gun. *Skyfall* cost millions. All I needed to become

a star was a \$5 sheet of thin cardboard.

And after this high climb, a stiff drink.

An Evening with Vesper

Ian Fleming coined the phrase "A Martini. Shaken, not stirred" at Duke's Hotel (St. James's Place, London), in the city's Mayfair district. It boasts a sumptuous and refined bar where hedge fund managers and art gallerists — and occasionally a dashing 007 double — sip cocktails well into the night.

No sooner had I arrived at this quaint bar than the head barman Alessandro Palazzi, in his pristine white tuxedo, whisked me to my corner table. After glancing at my own attire, he kindly says to me: "You'll want to have The Vesper."

For novices among you, The Vesper — a powerful concoction of gin, vodka, bitters and Lillet blanche aperitif wine — is regarded as the "true" 007 Martini, as it is mentioned in Ian Fleming's first Bond novel, *Casino Royale*. Alessandro makes it with three measures of No. 3 Gin (from London-based Berry Bros.), one measure of Potocki Polish vodka, one of Lillet Blanc

and two dashes of Angostura bitters, topped off with a slice of orange peel. Alessandro's preparation of the drink before my eyes was tantalizing — the taste, intoxicating. Dry, rough, smooth, potent, invigorating and \$27.70 — it had as many qualifiers as it had ingredients.

My lips and mouth had been shaken and stirred.

And finally, the Bond girl

With Vesper flowing through my bloodstream, it was high time I got to work. The mission? Chat up more potential Bond girls. Armed with a feigned ego and innuendo-filled one-liners that would embarrass M, I headed for the aptly (and worryingly) named Dirty Martini (11/12 Russell St., Covent Garden, London).

At first I was blown off and berated, even slapped at by a woman who said, "I'm too dirty for you." Burned, James, burned. Maybe some Bondian pick-up lines would work?

"Hi," I said, smoulderingly, to the fair-skinned girl with delightful auburn hair. She asked if I was American, to which I replied, "No, I'm Irish." (I really should have followed with, "Like Pierce Brosnan!") Then I

stood there mute, a case of stage fright. The woman left, forgetting all about me.

Us spies call this "pulling a Lazenby," a.k.a. "dying another day."

The big finale

Like any good Bond movie, this one has an explosive ending. Channelling my inner-Craig, I used one last pick-up line on two fine birds — "Explain this to me," it goes, "How come two gorgeous ladies like yourselves walk in and nobody tells me about it?"

They laughed — the good kind, mind you — and soon, I was chatting up someone who looks curiously similar to Eva Green as Vesper Lynd in *Casino Royale*. She even sat in my lap.

Was she on a Be a Bond Girl mission herself? That's for my eyes only.

Exclusively online

Anthony Johnston dresses as James Bond, climbs the O2 and drinks martinis. Watch the video at metronews.ca/scene

2
SCENE

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Lindsay Lohan

Lohan refutes dad's alcohol allegations

Lindsay Lohan apparently isn't too worried about dad Michael Lohan's hopes to put the troubled actress under a conservatorship, according to Hollyscoop.

"No judge would buy it," Lohan reportedly told friends. "[The judge] would have a hard time believing the claims of someone who was investigated for insider trading, arrested for domestic violence multiple times,

arrested for assault, has a drunk driving arrest and has been in and out of jail and prison for years." Lohan also insists that emails her dad provided to TMZ showing that her management team agrees that she's fallen off the wagon are all fabricated.

Michael, meanwhile, claims that his daughter is drinking up to a "bottle and a half" of vodka per day and using cocaine again.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Timberlake provides own entertainment at wedding reception

A benefit of marrying someone like Justin Timberlake? Some high-quality serenading at the reception.

That's exactly what new bride Jessica Biel got during the couple's wedding

celebration in Italy last week, when Timberlake reportedly grabbed the microphone to unveil some new material, according to Us Weekly.

"Justin performed one song at the wedding," a source says. "It's a new one that he hasn't released yet. He dedicated it to Jessica."

Guests were also treated to some other Timberlake hits from the DJ, Roots drummer Questlove, who "played a bunch of Justin Timberlake songs, but no 'NSYNC," the source says.

METRO WORLD NEWS



Fergie

Meth and paranoia — Fergie talks about sobering up

A paranoia-filled visit to church one day was what it took for Fergie to clean up and quit using drugs, she tells Oprah Winfrey in an interview. "I started getting really paranoid, so I went one day into this church and I thought that the FBI and the SWAT teams were outside the church," says the singer, who says she started taking drugs

— including crystal meth — in her teens. "I said, 'All right, if I go out and the FBI and the SWAT team's not out there, then it's the drugs and I'm stopping.'" There were in fact no law enforcement officials waiting for her, and she kept her promise to herself and sobered up. Fergie didn't, however, specify exactly when all of this happened.

Twitter



@ABFalecbaldwin

Please be safe in Hawaii, @IrelandBBaldwin. Avoid the sharks. The ones wearing flip flops, Ray Bans and carrying a Budweiser.



@TheEllenShow

I'm so happy for Adele and her new baby boy, who just heard the best version of "Twinkle Twinkle Little Star" ever.



@JessicaSimpson

Long day at work. Too lazy to wash my face off before bed! Nighty Night



@SteveMartinToGo

I'm thinking of becoming a motivational speaker. But I'm not sure. Should I? Maybe yes, maybe no. Undecided. Kinda thinking about it.

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What up, Playa?

Not far from Cancun (and with a little more class), it's Playa del Carmen

CASSANDRA GARRISON
Metro World News

One of the fastest developing vacation spots in Mexico, Playa del Carmen is the perfect destination for everything from family getaways to bachelor parties. Many American entrepreneurs have found Playa to be an ideal location for starting a business, making it a smart choice for those who aren't fluent in Spanish or don't want to sacrifice the comforts of home. With direct flights into nearby Cancun and temperatures remaining in the 20s, Playa del Carmen offers an easy, affordable escape from the increasingly chilly air.



Who needs Cancun when you've got Play del Carmen? THINKSTOCK

Stay

There are countless all-inclusive resorts nestled along the beaches leading into the city, but for a more unique experience, opt for a downtown location for your home base like the Acanto Boutique Hotel (16 Norte bis, 1-888-331-2177). Sitting along a shaded cobblestone street, this hotel offers travellers spacious suites that lend themselves to longer stays. The private rooftop decks, equipped with barbecues and hot tubs, afford stunning beach views and breathtaking night skies. Acanto is close to Quinto Avenida (or Fifth Avenue, as it's known to tourists) and steps to Playa's many beach clubs, where you can lounge along the shore.



Play

The sprawling lounge chairs and couches at Zenzi Beach Club (on the beach at 10 Street, 984-803-5738) make it hard to resist a pina colada, day or night. People-watch while you sit back and sip your way to relaxation.

If you're a cigar enthusiast, visit the quaint Cigar Factory on the corner of Fifth Avenue and 16 Street, where elderly cigar rollers will be hard at work at a table in the window.



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There's more to Casablanca than Humphrey Bogart

Often overlooked city. Morocco's art deco destination offers markets, beaches and some amazing architecture

Despite its romantic Hollywood associations, the sprawling ocean-side city of Casablanca is often overlooked by tourists heading for the beach or Morocco's more exotic cities like Marrakech. But this bustling city of four million, Morocco's commercial capital, is a vibrant mix of old and new with gorgeous art-deco architecture, traditional souqs (markets), one of the world's largest mosques and some picturesque beaches of its own.

The downtown

A small port city until the French chose it as the capital of its "protectorate" over Morocco in 1912, Casablanca blossomed under the attention of some of France's foremost architects who now had room to create

outside the crowded cities of Europe. The nouvelle ville, as the downtown was known, was done in an art deco meets Middle Eastern style that is still stunning to behold, if you can look up long enough while dodging crowded sidewalks and zooming cars.

Luckily, the centre of it all, the elegant Mohammed V Boulevard, has been made a pedestrian street while a new tram system is installed. So until the sleek, French-built trams start running by the end of the year, you can stroll down the middle of the street, admiring the handsome buildings from the 1920s and 1930s.

The 'new' old city

Like most Moroccan cities, Casablanca has a "medina" or walled old city of winding alleys, except here it's smaller than most and quite run down, with most shops devoted to day-to-day items that are of little interest to the visitor. The French decided in the 1920s they would build a nicer medina and created the Habous neighbourhood just a

15-minute drive away, featuring elegant arches and white-washed buildings.

Habous is much cleaner and quieter than the downtown and is filled with handicrafts shops selling the traditional ceramics, leather slippers, embroidered caftans and metal lamps that tourists flood to Morocco to buy. Since most of the customers are locals as well, the quality tends to be higher than the tourist bazaars of Marrakech. There is also little of the hard sell that can blight a trip to the market in some of the other cities.

The mosque

In the medieval world, kings left their mark by building massive monuments in their name. A modern king, Hassan II of Morocco, who ruled the country for almost four decades until 1999, did the same. Amid the crashing waves of the Atlantic, he built a mosque so enormous it looms over the whole city, with a retractable roof and a laser on the minaret. Faced with pale stone and ornamented with colourful inlaid geomet-

ric patterns and traditional tiles, it can hold 25,000 worshippers inside. The vast esplanade around the mosque is often filled with families enjoying the open space and the quiet, and there's a great view of the sea. The mosque was built through mandatory contributions from all citizens. Unlike most mosques in Morocco, non-Muslims are allowed inside, but only on guided tours in the mornings and afternoons that run \$15 a person.

The beach

Once on the city's coast, keep heading south toward the Ain Diab area, where the nicest beaches can be found. First there are the hotels and nightclubs of the wealthy Anfa district, but eventually they peter out and what's left is the corniche, a kind of boardwalk, with some great beaches pounded by Atlantic waves. Along the road there are popcorn and drink vendors, while on the beach itself young men offer pony or horse rides.

THE ASSOCIATED PRESS



The old medina. THE ASSOCIATED PRESS

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Casablanca is a bustling city of four million. THE ASSOCIATED PRESS

The mall

Just beyond the saint's shrine looms the shiny bulbous mass of Morocco's first luxury mall. In the 10-minute walk from the shrine to the glass doors of the Imax cinema, you can move from the extremes

of Morocco's social classes. Inside it's all Ralph Lauren and Christian Dior with an enormous fish tank featuring small sharks. In the fenced-off outside area, the musical fountain performs every hour. Most Moroc-

cans can't afford the luxury items on sale, but the place is always packed. People window shop across the three floors and gawk at how Morocco's one per cent aspires to live.

Little Crete village still cashing in on its rep as a destination for hippies

Matala. Explore the caves where Joni Mitchell stayed, or just enjoy the beach and laid-back vibe of this little fishing spot

In one of Matala's ancient caves Joni Mitchell had a bad night's sleep.

But which one?

The Canadian folksinging icon joined a wave of hippies from around the globe that washed ashore at this village on Crete's south coast in the late-1960s. A key attraction: the sandstone caves at the north end of the beach that provided free accommodation.

In published photos of the time, the hippies look as if they've occupied some bizarre prehistoric hotel as they lounge outside their cliffside dwellings.

These days swimsuit-clad tourists clamber up ledges on the cliff to explore the caves all day long. Access is free.



Hippies made these caves famous. PHOTOS: MICHAEL FUHRMANN/THE CANADIAN PRESS

"The fact that Joni Mitchell was here, and all the hippies, I think it makes Matala an attraction for the tourists," says Luigi Sirianni, 32, one of several vendors who set up tables

of handmade jewelry every day on the beach.

More than four decades after the hippy invasion, this Greek village continues to cash in on the 1960s legacy that has



Handmade jewelry sold on the beach adds to the hippy vibe.

become its brand.

Swirly, psychedelic-style images are painted on roads and laneways. Gift shops do a brisk trade in flower-power stickers, and T-shirts adorned with

peace symbols.

On a warm Saturday night in late-September, a barefoot musician sat cross-legged on a platform outside a cafe as he performed on electric sitar,

harmonica and Apple laptop before an appreciative crowd.

"Business here is very good, and anyone who says it isn't is lying," says Voula Hristodoylaki, 52, who has owned a bookshop here for 30 years.

"It's not tragic everywhere in Greece like they say on TV," she says, referring to the country's depressed economy and weakened tourism industry.

A three-day festival with round-the-clock music drew over 50,000 visitors to Matala this past June. Inaugurated in 2011 as a hippy reunion, the event will be staged annually, organizers say.

Mitchell immortalized her stay here in her 1971 hit song Carey: she said her fingernails were filthy, she had beach tar on her feet and she missed her clean white linen and "fancy French cologne."

"The wind is in from Africa, last night I couldn't sleep," the song begins.

Well, no wonder. Try sleeping on hard rock in a dusty tomb.

THE CANADIAN PRESS

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BREAKING DOWN SILOS

INTER-AGENCY COLLABORATION IS KEY TO PUBLIC SAFETY, SECURITY

As more and more organizations exercise mandates related to public safety and security, co-ordination becomes increasingly important.

"Organizations and individuals are more and more specialized in particular disciplines and activities," says Tim Page, president of Canadian Association of Defence and Security Industries (CADSI). "While this strengthens our security capacity, it significantly increases the need for co-operation and communication. This event is designed to foster precisely the

kind of collaboration needed."

The event is SecureTech 2012, a two-day conference and exhibition devoted to public safety and security at the Ottawa Convention Centre Oct. 30-31. Conference sessions will feature more than 50 leading experts from the public and private sectors and will focus on the latest strategies, best practices and policy insights. And dozens of companies will showcase new technologies and products in the centre's massive exhibition space.

The event is organized by CADSI, an association representing more than 860 companies in Canada's national defence and security sector — a sector that generates some \$12 billion in revenues each year. Collaboration inspired the theme for the second-annual SecureTech: The Economics of Public Safety and National Security — Charting the Future Together.

"We face a diversity of threats to public



CONTRIBUTED

safety — terrorism, natural disasters, pandemics and accidents, for instance," Page says. "Preventing these events and responding swiftly and effectively, should they occur, depends entirely on how well we collaborate."

SecureTech 2012 will attract delegates from Canada, the United States and the United Kingdom — countries that share many of the same security-related challenges, including inter-agency collaboration. The conference will feature a series of panels on perimeter security and the Canada-U.S. Beyond the Border initiative.

Cyber security is a second major track of the conference. As networks evolve to the latest Internet protocol (IPv6 from IPv4), it is crucial that they integrate robust security measures.

"Organizations — both public and private — must commit to creating an environment that identifies and manages online threats as quickly and efficiently as possible," Page says. "Technology plays a big role in security, so integrating technologies properly is essential."

For more information about the conference, visit securetechcanada.ca/.

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TWO MAIN SECURITY CHALLENGES

The following are excerpts from an exclusive interview with Tim Page, president of the Canadian Association of Defence and Security Industries (CADSI):

WHAT SECURITY CHALLENGES DO WE FACE?

I believe the two main challenges facing North America are perimeter and cyber security.



Tim Page

WHAT IS PERIMETER SECURITY?

Canada and the United States enjoy the largest and most enduring trade relationship in the world.

Our international border is also the world's longest. Given these realities, it makes sense for us to work together against potential threats from the outside.

The challenge lies in managing security risks without unduly impeding the flow of trade and citizens across the border.

Many collaborative initiatives are already underway, including the detailed Canada-U.S. Beyond the Border agreement, that emphasize these two priorities.



CONTRIBUTED

WHAT SPECIFIC CHALLENGES DO WE FACE WITH RESPECT TO CYBER SECURITY?

In recent years, hackers have successfully attacked the computer networks of high-profile companies such as Visa, MasterCard and PayPal. Even the gov-

ernment of Canada and the Central Intelligence Agency (CIA) had their networks breached by hackers. At the same time, jurisdictions across North America rely more and more on automated SCADA (supervisory control and data acquisition)

systems — linked through the Internet — to control critical public infrastructure, such as hydroelectrical grids, and water and sewage systems. This makes them more efficient, but leaves them more vulnerable to attack.

Earlier this year, U.S. Secretary of Defence Leon Panetta called on business and government to work together to prevent a potentially cataclysmic cyber attack. That country created a Cyber Command within its armed forces — essentially another branch of the military alongside the army, navy, marines, air force and coast guard. Public Safety Canada and Communications Service Establishment Canada take the lead in our country.

WHAT DOES THE FUTURE HOLD?

Technology will certainly play a growing role in security. The key is to integrate new technologies effectively. Biometrics, for instance, can help us identify individuals accurately at the border, facilitate travel and interdict inadmissible persons. At the same time, though, these technologies must be designed and deployed in ways that protect information that can be used to identify individuals.

Security and Security Event

Some of the many Keynote Speakers:

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Mark J. Barrenechea
Chief Executive Officer
OpenText Corp.

OCTOBER 30
Lunch Keynote Speaker



Sir David Omand
Formerly Security and
Intelligence Coordinator,
Permanent Secretary,
Cabinet Office, London, UK

OCTOBER 31
Keynote Speaker



Sir David Pepper
Formerly Director,
Government Communications
Headquarters, UK

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OCTOBER 30
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Chorizo sausage steals spotlight in roasted chicken with root vegetables

Sometimes it's best not to over-think things — as in this basic roasted chicken, a take on a simple French classic.

Everything is just tossed into a pot, put in the oven and ignored until done. The recipe calls for a cast-iron Dutch oven. These really are indispensable for making all manner of roasts and stews.

And they are as happy on the burner as in the oven

(where, when covered, their heavy lids seal in moisture).

The most unique aspect of this recipe is the use of chorizo.

At its most basic, chorizo is a sausage made from chopped or ground pork and a ton of seasonings, often including garlic.

The flavours are deeply smoky and savoury, with varying degrees of heat.

Most are assertive and pesty, but not truly spicy.

Ingredients

- 1 tsp garlic powder
- 1 tsp kosher salt
- 3- to 4-lb whole chicken
- 1 tbsp olive oil
- 1 lb cooking chorizo, casing removed and discarded, meat finely chopped
- 4 sprigs fresh thyme
- 3 sprigs fresh rosemary
- 1 medium yellow onion, quartered
- 12-oz bag baby carrots
- 1 lb new potatoes
- 1 lemon, quartered
- 6 cloves garlic, peeled but left whole
- Ground black pepper, to taste

1. Heat the oven to 350 F.

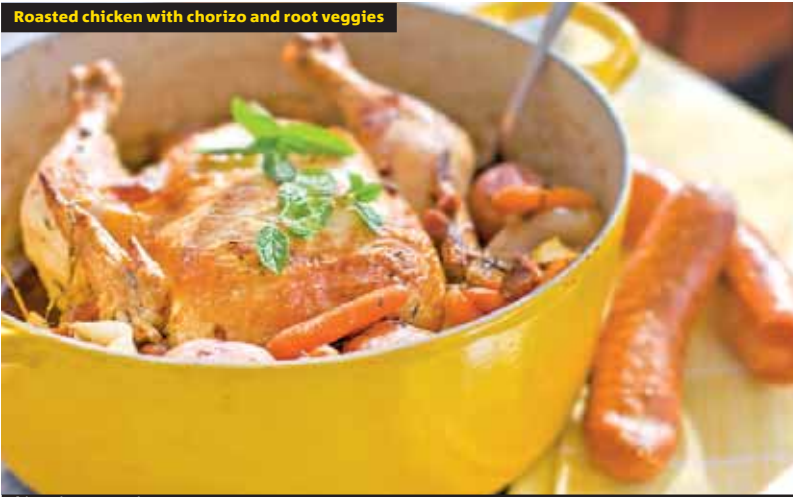
2. Combine the salt and garlic powder, then rub the mixture over and under the skin of the chicken. Set aside.

3. In a 5 1/2-quart (or larger) Dutch oven over medium-high heat, add the chicken and sear for 5 minutes per side. Transfer the chicken to a plate.

4. Add the chorizo to the pan, then sauté for 4 minutes. Add the thyme and rosemary. Heat for 30 seconds.

5. Return the chicken to the pan, breast up. Arrange the onion, carrots, potatoes,

Roasted chicken with chorizo and root veggies



This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

lemon and garlic around the chicken, then place the lid on the pot. Transfer to the oven and roast for 45 minutes, or until the breast reads 160 F on an instant thermometer. Transfer the chicken

to a platter and tent with foil.

6. Use a slotted spoon to transfer the vegetables and chorizo to a serving bowl. Cover to keep warm. Discard the lemon quarters and any herb stems.

7. Place the pot over medium heat and bring to a boil. Cook until reduced and thickened, about 3 to 4 minutes. Adjust seasoning with salt and pepper. Serve the sauce drizzled over the chicken. THE ASSOCIATED PRESS

Drink of the Week

Pinnacle Pumpkin Cider

It doesn't get more autumn than pumpkin pie and cider, and this drink combines the best of both worlds. It also adds a splash of lemon for a tart taste.

- 2 parts Pinnacle Pumpkin Pie vodka
- 1 part apple cider
- A splash of fresh lemon sour soda

Shake the vodka, apple cider and lemon sour with ice.

Strain into a caramel-swirled glass and garnish with an apple slice.

METRO
WORLD
NEWS



Sweet-and-sour-glazed carrots and green beans

1. In a large, deep skillet over medium heat, cook the bacon until crisp. Transfer the bacon to a paper towel-lined plate to drain, leaving the drippings in the pan. Once the bacon has cooled, crumble and set aside.

2. Return the skillet to the heat and add the carrots. Cook for 8 minutes, or until just starting

to become tender.

3. Add the green beans, then cook for another 8 to 10 minutes, or until the vegetables are tender. Add the brown sugar, molasses and vinegar. Stir until a thick glaze forms. Cook until bubbling all over and slightly thick and sticky. Season with salt and black pepper.

Ingredients

- 4 oz bacon
- 1 lb carrots, peeled and cut into 1/4-inch thick rounds
- 1 lb green beans, trimmed and cut into 2-inch lengths
- 2 tbsp brown sugar
- 1 tbsp molasses
- 1 to 2 tbsp balsamic vinegar
- Kosher salt and ground black pepper

4. Serve topped with the crumbled bacon. THE ASSOCIATED PRESS



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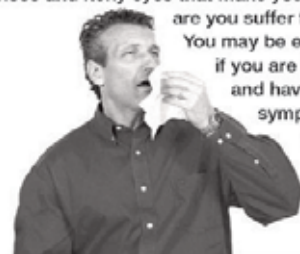
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DO: Visit the school you are applying to and connect with faculty and prospective supervisors.

Having that face time with a member of the selection committee or a prospective supervisor can go a long way in helping you to get into a program. Many programs will not admit a student unless they already have a faculty member who is willing to supervise his or her research.

If you take the time to learn who is out there and connect with him or her about your area of research interest and he or she seems interested in your ideas and approach, then you are half-way, at least, to getting in.

Sentences that stand out

Write a statement of purpose that is personal and well thought out...

- ...not cliché or filled with broad sweeping statements and random flattery of the program to which you are applying. Know what your purpose is? Explain who you are, what you want and why you want it from where you are applying.
- Follow the department's directions to a tee. Rewrite, give drafts to your family, friends, etc. Make it punchy, personal and free of typos.



Do apply early: Programs get flooded with late applicants who are making sudden life changes or who have just received a rejection letter from law school, med school, dentistry school, etc. ISTOCK

Do: Take time before you start the application process to reflect on what you would like to research while in grad school.

The most successful applicants are those who have a clear research interest — one that is innovative or takes a new approach to an old question. You need to know how you want to conduct your research, what resources you intend to use, what the burning question is that you want to address and why it is important. I know it is difficult at this point in time to know the answers to all of this, but the closer you can get, the better.

Take time to chat with your current professors and to get their insights on your research. This is also the sort of thing that you can connect with prospective supervisors

on. They can direct you to other resources that may be of use to you.

Don't: Apply to a whole bunch of programs hoping that one has got to work out.

You need to learn the key details of a program, including faculty research interests and specific courses offered, before you apply. It's better to take the time and identify the programs that are best suited to you, tailor your application to that program and make connections with people there.

Take the time to do your research and know who the school's faculty members are and what they are known for, and play to those strengths in your application.

Don't: Hand in an ap-

plication that is unclear, disorganized, or contains spelling or grammatical mistakes.

This will give the impression that you are not clear about your purpose or do not take the application seriously.

Don't: Overdo the flattery.

A number of admissions committee chairs have cited distaste for applications that include insincere flattery, such as praising the program in an obsequious manner. Other chairs added inappropriate name-dropping or blaming others for a poor academic record as potential kisses of death.

CLARE TATTERSALL IS THE MANAGER OF CAREER DEVELOPMENT AND COMMUNITY BASED LEARNING AT HURON UNIVERSITY COLLEGE AT WESTERN UNIVERSITY IN LONDON, ONT.

Chart and progress. How to pick between a pile of potential programs

Applying to graduate programs can be time consuming and expensive, so it might not be feasible to apply to every program that interests you.

Yet, with so many options for graduate study, it can be difficult to narrow down your options.

The following are some strategies for your hunt for the perfect graduate program:

Getting organized

If you are comparing several programs, summarize the key information about each program and keep it in a central location. In a chart on my computer, I record the following information about each program:

- University and program
- Location (which can have implications for funding options whether you stay home or go abroad)
- Type of program (e.g., coursework, major research paper, thesis)
- Duration of the program
- Application deadline
- Costs (including tuition, living expenses and other fees)
- Admission requirements (e.g., minimum GPA, undergraduate courses, etc.)
- Required application materials (including the number of reference letters, writing samples, research statement, CV, completion of standardized tests, etc.)
- Additional notes (e.g., faculty supervisors in the department, co-op options, etc.)

Rank the programs

With all of this information in one place, I can more easily rank the programs. For example, I can look under the

'admission requirements' column of my chart and eliminate programs that require extensive professional experience in the field. I add these to the chart, though, so that I can keep them in mind for the future. The chart also allows me to compare the costs of the programs more easily.

Reorganize the chart by deadline

Once you narrow down your options (based on the criteria that are most important to you), you can reorganize the chart by deadline so that you can start by working on applications that are due first. When asking for references, you can refer to the 'application materials' column to see how many references you need and from whom.

It is also worth checking the programs' websites again to make sure that deadlines or other important information has not changed.

Over a year ago, I bookmarked the website of a program to which I wanted to apply but, when I revisited the site a few months ago, I discovered that the program no longer exists!

A similar chart can help you organize your funding options. You might include some similar columns (such as deadline) and some other information, such as eligibility requirements and the value of the award/scholarship/grant.

ELIZABETH BAISLEY IS A MASTER OF ARTS STUDENT AT QUEEN'S UNIVERSITY WHOSE RESEARCH FOCUSES ON THE RIGHTS OF MARGINALIZED POPULATIONS, PARTICULARLY THE RIGHTS OF WOMEN, CHILDREN AND SEXUAL MINORITIES.

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Is it the perfect place for your pursuit?



Consider whether your new place to study will have you concentrating more on cash flow than your credits. ISTOCK

Education or the elements? The program sounds great, but what about its whereabouts?

DANIELLE LORENZ
TalentEgg.ca

You've been doing your research to apply to grad schools — looking at the school, the program, the faculty, its facilities and services, its reputation and its academic requirements.

However, one thing you must also do your research on is the location of your program.

Many students tend not to consider how much living in a certain city will cost, and that should be almost as important as the school itself, since those costs are very much linked together. Since you will be spending anywhere between 12 and 24 months as a full-time student at these schools, you need to consider the city the school is located in as well.

Climate

Let's say you abhor all things snowy and cold. Even though the University of Alberta and the University of Manitoba have programs that suit your research interests, how well are you going to be able to cope with temperatures that can be as low as (and sometimes even colder than) -40C?

Similarly, if you detest rain, the University of British Columbia or McMaster University won't be good choices for you.

Cost of living

Although the climate and temperature can have a lot to do with how you will enjoy the city, you need to also examine the cost of living.

Because some locales are more isolated or have shorter growing seasons, groceries can be much more expensive in some areas over others. However, in smaller towns, there is often less variety and it can be more difficult for you to purchase specialty foods.

In other cities, the climate is great, or it is close to major financial or cultural centres, so the cost of living there is much greater than other places within Canada.

Transportation

En route to education

- Something else to consider is the cost of transportation within different cities: do you have a transit pass included in your tuition, or do you need to pay for a monthly pass? Do you have a car and do you need to pay for gas, parking and maintenance?

- Similarly, if you live in a large city, car insurance has a tendency to cost more than if you were in a smaller community.

Moving costs

One of the last things you should consider is how much it will cost you to move to this new city. If you are moving cross-country, the cost of renting a vehicle to bring all of your stuff can be upwards of \$10,000 or more. This can include the rental of a truck/trailer, insurance, a fee per kilometre you drive, the cost of gas, the fees issued by the rental company

to drive their vehicle back, as well as buying food and renting a hotel room.

If you opt to bring only the essentials with you, furnishing an apartment can be expensive as well. If you only plan to live in that city for the length of your program, perhaps it's more worthwhile to live in residence for some of the time.

However, Zac Spicer, a PhD student in political science at Western University in London, Ont., makes a great point when it comes to accessing what the location of your prospective school may be: "Location should be the last consideration of anyone applying to grad school, but it does obviously play a role in deciding where to go. ... I would caution anyone from letting this factor be the deciding one. Look at what the school offers, then consider the location."

DANIELLE LORENZ IS A PHD STUDENT IN THE EDUCATIONAL POLICY STUDIES PROGRAM AT THE UNIVERSITY OF ALBERTA, WITH A FOCUS IN THEORETICAL, CULTURAL AND INTERNATIONAL STUDIES IN EDUCATION.

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Student Voice

No business in show business?

Ashley Proulx
Graduate
Theatre Arts
Algonquin College
TalentEgg.ca

When I was in school, I was getting a lot of volunteer work as assistant stage manager and other production positions in theatre. That is kind of my dream job — to work anywhere in theatre. It was great, however, as a volunteer, I wasn't making any money from.

To pay the bills I worked in retail. That was fine, but I seem to have really bad luck because everywhere I've worked for so far either closed shop or went bankrupt. It's very hard to maintain contacts to these businesses because when it comes time to ask for references, they can't be reached. So I have to use my theatre references, but of course that probably seems odd to someone in retail or any other job because to them, it seems like I didn't get along with my peers in non-related theatre work.

I even worked with my family's company that had



Ashley Proulx PROVIDED

been in business for 40 years until that too went under. So I had to go find another job. And have I mentioned that I have the worst luck with jobs? People I work for in theatre say they love to have me around on a project because I am a trooper. Easy to say, maybe, because they don't pay me, but I know they wouldn't say it if it wasn't true.

I have been applying to so many full-time positions without much luck. I've been on second and even third interviews, and nothing. So with years and years of getting nothing, it's starting to take a toll on my self-esteem. All I want is a job to pay my bills so I can do something I love to do, or maybe even go back to school to further my career, but without knowing how I am going to make money,

my future seems dim.

I used to be a very happy go-lucky person. I still act like it in my job, but now I just want to get out of this situation so I can be my real happy self again.

My recommendations for employers, career centres or schools

Just because someone's goals are not the goals of your company doesn't mean they won't make great employees. I worked for two years at our family's photography printing business. Never cared for photography, but I loved the people I worked for and the clients who came in because those employees were rooting for me to get my dream job. That made me work harder for my family's company.

My advice for students and recent grads

Don't get a theatre arts degree. If you do, at least go back to school again to do art administration or technical design as a backup.

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Tigers ace Justin Verlander delivers during Game 3 of the ALCS against the New York Yankees in Detroit on Oct. 16. GREGORY SHAMUS/GETTY IMAGES FILE

Verlander returns to Series on October roll

Tigers' best. Detroit ace looks to put behind early career disappointments on World Series stage

Justin Verlander's introduction to post-season baseball six years ago left him dazzled and exhausted.

Worn down toward the end of his rookie season, he made his playoff debut at Yankee Stadium. A couple weeks later, he was on the mound for Game 1 of the World Series.

"It was such a whirlwind, really, that entire season. I remember standing on the mound in old Yankee Stadium ... and growing up as a kid you see all of the post-season games and all of the magic that had happened in that stadium, and it was kind of a surreal moment for me," the Detroit ace said.

"I feel like I have pitched in

Second chance in San Francisco

Barry Zito will start the World Series opener for the San Francisco Giants Wednesday night.

- Zito's stellar outing in a 5-0 win on Friday in Game 5 of the NL championship series helped San Francisco rally from a 3-1 series deficit against the



St. Louis Cardinals.

- The Giants have won Zito's last 13 starts dating to Aug. 7. The \$126-million pitcher was left off all three rounds of the 2010 post-season when San Francisco won the World Series.

big games now and understand what my body's going to be going through and what my mind is going to be going through and I am able to rein it in a little more and use it more to my advantage."

Verlander is now 29 and he returns to the Fall Classic a more mature pitcher. In three playoff starts against Oakland and the New York Yankees, he's

allowed all of two runs going into Wednesday night's opening game at San Francisco.

"He's learned to handle these situations. He's learned how to stay pretty calm throughout the game in these big-game situations," manager Jim Leyland said.

The six-foot-five right-hander makes pitching look effortless, settling into a groove

early without necessarily reaching back for his triple-digit fastball until the later innings.

Verlander went 24-5 in 2011, sweeping the AL MVP and Cy Young awards. Although he won only 17 games this year, his ERA was still a sparkling 2.64.

Of course, in 2006, Verlander started Game 1 of the World Series, and the Tigers lost to St. Louis 7-2. Those travails are all but forgotten now.

On Wednesday night, Verlander will go back to work with his usual business-like attitude and tireless approach. He still won't take anything for granted. Verlander's well aware that no matter how talented you are, anything can happen in October.

"Every game in the post-season is a must-win," Verlander said. "In the post-season we have seen some crazy things happen in this game. Just try to win every single game one inning at a time."

THE ASSOCIATED PRESS

NBA

Nowitzki in no rush to return after arthroscopic knee surgery

Mavericks star Dirk Nowitzki says he's encouraged after the first knee surgery of his career but says a timetable for his return is "pretty ridiculous to talk about."

Nowitzki walked gingerly but without a noticeable limp on Tuesday, four days after arthroscopic surgery on his ailing right knee. Coach Rick Carlisle said the 11-time all-star is expected to miss six weeks.

THE ASSOCIATED PRESS

MLB

Guillen let go after last-place season in Miami

Ozzie Guillen was fired Tuesday after one year as manager of the last-place Miami Marlins, whose promising season began to derail in April when his laudatory comments about Fidel Castro caused a backlash.

Miami's next manager will be the fifth for owner Jeffrey Loria since early 2010.

THE ASSOCIATED PRESS

MLB



"I would take exception with the thought that there was no intent to fulfil a contract."

New Red Sox manager John Farrell in response to fan anger in Toronto. The Blue Jays made a deal with Boston last weekend to release the skip, who was pursuing the high-profile job.

THE ASSOCIATED PRESS

NHLPA irked at teams' contact with players



Players, from left, Dan Cleary, Sidney Crosby, Jarome Iginla, Eric Staal and Shane Doan leave collective bargaining negotiations last Thursday in Toronto. CHRIS YOUNG/THE CANADIAN PRESS FILE

Distrust continues to creep into the NHL's stalled labour negotiations.

The NHL Players' Association was questioning the league's motives after news surfaced Tuesday that team owners and general managers were given 48 hours last week to speak with players about the NHL's latest contract offer.

"Most owners are not allowed to attend bargaining meetings," said Steve Fehr, the NHLPA's special counsel. "No owners are allowed to speak to the media about the bargaining. It is interesting that they are secretly unleashed to talk to the players about the

Before the window

Since the lockout began, the NHL had forbidden contact between team officials and players.

- It was unclear how many players were contacted.

meetings the players can attend, but the owners cannot."

The window was granted last Wednesday. Team employees were told they could answer questions about the offer from players until 11:59 p.m. Friday.

"Players were contacting

club personnel to inquire about our proposal," said deputy commissioner Bill Daly. "We gave them a limited window in which to respond to those inquiries."

In a lengthy internal memo obtained by The Canadian Press, the NHL stated clearly that the discussions had to be limited to the contents of the proposal. It also provided examples of questions that shouldn't be asked of players and noted that any violation would be subject to NHL bylaw 17.17, which gives commissioner Gary Bettman the power to levy fines up to \$250,000.

THE CANADIAN PRESS

MLB	
MLB PLAYOFFS	
LEAGUE CHAMPIONSHIP SERIES (Best-of-7)	Sunday's result San Francisco 6 St. Louis 1
AMERICAN LEAGUE	
N.Y. Yankees (E) vs. Detroit (C) (Detroit wins series 4-0)	
NATIONAL LEAGUE	
San Francisco (W) vs. St. Louis (wc) (San Francisco wins series 4-3)	
Monday's result San Francisco 9 St. Louis 0	

LATE FRIDAY	
GIANTS 9, CARDINALS 0	
St. Louis	AB R H BI BB SO Avg.
Jay cf	4 0 1 0 1 2 .207
Beltran rf	4 0 1 0 1 0 .300
Holliday lf	4 0 1 0 0 0 .200
Craig 1b	4 0 0 0 0 0 .125
Y.Molina c	4 0 4 0 0 0 .393
Freese 3b	3 0 0 0 1 1 .192
Descalzo 2b	3 0 0 0 0 1 .200
d-T.Cruz ph	1 0 0 0 0 1 .000
Motte p	0 0 0 0 0 0 ---
Kozma ss	3 0 0 0 1 2 .227
Lohse p	1 0 0 0 0 0 .000
J.Kelly p	0 0 0 0 0 0 ---
Mujica p	0 0 0 0 0 0 ---
a-Chambers ph	1 0 0 0 0 0 .000
Rosenthal p	0 0 0 0 0 0 ---
b-S.Robinson ph	1 0 0 0 0 1 .000
Boggs p	0 0 0 0 0 0 ---
Salas p	0 0 0 0 0 0 ---
Schumaker 2b	1 0 0 0 0 0 .000
Totals	34 0 7 0 4 8
San Francisco	AB R H BI BB SO Avg.
Pagan cf	5 1 2 1 0 1 .242
Scutaro 2b	4 1 3 0 1 0 .300
Sandoval 3b	4 1 1 1 1 0 .310
S.Casilla p	0 0 0 0 0 0 ---
Ja.Lopez p	0 0 0 0 0 0 ---
Romo p	0 0 0 0 0 0 ---
Posey c	4 1 0 1 0 1 .154
Pence rf	5 1 2 2 0 2 .179
Belt 1b	5 2 2 1 0 0 .304
G.Bianco lf	3 2 1 0 2 0 .182
B.Crawford ss	4 0 1 1 0 1 .217
M.Cain p	3 0 1 1 0 2 .400
Affeldt p	0 0 0 0 0 0 ---
a-Huff ph	1 0 0 0 0 0 .200
Arias 3b	0 0 0 0 0 0 .000
Totals	38 9 14 7 5 6
St. Louis	000 000 000-0 7 2

AHL	
Tuesday's results	
St. John's 8 Portland 7 (OT)	
Hamilton at Rochester	
Lake Erie at Oklahoma City	
Wednesday's games	
All Times Eastern	
Portland at St. John's, 6 p.m.	
Connecticut at Albany, 7 p.m.	
Milwaukee at Texas, 8:30 p.m.	
Thursday's game	
San Antonio at Rockford, 8:05 p.m.	

NBA PRESEASON	
Tuesday's results	
Miami vs. Charlotte at Raleigh, NC	
Indiana at Cleveland	
Oklahoma City at Chicago	
Phoenix at Golden State	
Monday's results	
Toronto 104, Milwaukee 95	
Philadelphia 98, New York 90	
Dallas 87, New Orleans 74	
Phoenix 103, Sacramento 88	
Portland 120, Utah 114	
L.A. Clippers 88, Golden State 71	

SOCCER	
MLS	
EASTERN CONFERENCE	
y-Kansas City	GP W L T GF GA Pt
x-D.C. United	33 17 10 6 52 42 57
x-Chicago	33 17 11 5 45 40 56
x-New York	33 15 9 9 54 46 54
x-Houston	33 14 8 11 48 39 53
Columbus	33 14 12 7 42 43 49
Montreal	33 12 15 6 45 50 42
Philadelphia	32 10 16 6 36 40 36
New England	33 8 17 8 38 44 32
Toronto	33 5 20 8 35 60 23
WESTERN CONFERENCE	
GP W L T GF GA Pt	
y-San Jose	33 19 6 8 71 42 65
x-Seattle	33 15 7 11 51 32 56
x-Real Salt Lake	33 17 11 5 46 35 56
x-Los Angeles	33 15 12 6 58 47 51
x-Vancouver	33 11 13 9 35 41 42
Dallas	33 9 13 10 40 45 38
Colorado	33 10 19 4 42 50 34
Portland	33 8 16 9 33 55 33
Chivas USA	33 7 18 8 22 56 29
x — Clinched playoff berth.	
y — Clinched conference.	
Note: Three points for a win, one for a tie.	
Sunday's results	
Portland 1 Vancouver 0	
Los Angeles 2 San Jose 2	
Seattle 3 Dallas 1	
Saturday's results	
Montreal 0 Toronto 0	
D.C. United 3 Columbus 2	
Houston 3 Philadelphia 1	
Kansas City 0 New York 0	
New England 1 Chicago 0	
Colorado 2 Chivas USA 0	
Wednesday's game	
Philadelphia at Kansas City, 8:30 p.m.	
Saturday, Oct. 27	
New York at Philadelphia, 1:30 p.m.	
New England at Montreal, 2 p.m.	
D.C. United at Chicago, 4 p.m.	
San Jose at Portland, 6:30 p.m.	
Vancouver at Real Salt Lake, 9 p.m.	
Houston at Colorado, 9 p.m.	

UEFA	
CHAMPIONS LEAGUE	
First Round	
Group E	
Nordsjaelland (Denmark) 1 Juventus (Italy) 1	
Shakhtar Donetsk (Ukraine) 2 Chelsea (England) 1	
Group F	
BATE Borisov (Belarus) 0 Valencia (Spain) 3	
Lille (France) 0 Bayern Munich (Germany) 1	
Group G	
Spartak Moscow (Russia) 2 Benfica (Portugal) 1	
Barcelona (Spain) 2 Celtic (Scotland) 1	
Group H	
Galatasaray (Turkey) 1 CFR Cluj (Romania) 1	
Manchester United (England) 3 Braga (Portugal) 2	

ENGLISH	
LEAGUE CHAMPIONSHIP	
Yesterday's results	
Barnsley 1 Crystal Palace 1	
Bristol City 3 Burnley 4	
Cardiff City 2 Watford 1	
Ipswich Town 1 Derby County 2	
Leeds United 1 Charlton Athletic 1	
Leicester City 1 Brighton & Hove Albion 0	
Middlesbrough 2 Hull City 0	
Millwall 3 Birmingham City 3	
Peterborough United 3 Huddersfield Town 1	
Wolverhampton 2 Bolton Wanderers 2	
Blackpool 2 Nottingham Forest 2	

CFL	
WEEK 17	
EAST DIVISION	
GP W L T PF PA Pt	
y-Montreal	16 10 6 0 440 445 20
Toronto	16 7 9 0 371 425 14
Winnipeg	16 5 11 0 339 492 10
Hamilton	16 5 11 0 470 515 10
WEST DIVISION	
GP W L T PF PA Pt	
y-B.C.	16 12 4 0 441 307 24
x-Calgary	16 10 6 0 464 382 20
x-Saskatchewan	16 8 8 0 425 361 16
Edmonton	16 7 9 0 370 393 14
x — Clinched playoff berth.	
y — Clinched division.	
Saturday's results	
Calgary 34 Hamilton 32	
Montreal 34 Saskatchewan 28	
Friday's results	
B.C. 39 Edmonton 19	
Winnipeg 44 Toronto 32	

WEEK 18	
Friday's game — All Times Eastern	
B.C. at Calgary, 9 p.m.	
Saturday's games	
Winnipeg at Hamilton, 1 p.m.	
Toronto at Saskatchewan, 4 p.m.	
Sunday, Oct. 28	
Edmonton at Montreal, 1 p.m.	

TENNIS	
ATP	
DAVIDOFF SWISS INDOORS	
At Basel, Switzerland	
Singles	
First Round	
Nikolay Davydenko, Russia, def. Stanislas Wawrinka (4), Switzerland, 7-6 (7), 7-6 (3).	
Grigor Dimitrov, Bulgaria, def. Viktor Troicki (8), Serbia, 6-3, 6-2.	
Mikhail Youzhny, Russia, def. Bernard Tomic, Australia, 6-0, 6-2.	
Matthew Ebden, Australia, def. Victor Hanescu, Romania, 6-3, 7-6 (3).	
Marco Chiudinelli, Switzerland, def. Guillermo Garcia-Lopez, Spain, 5-7, 6-3, 6-4.	
Brian Baker, U.S., def. Radek Stepanek, Czech Rep., 2-6, 7-6 (5), 6-3.	
Kevin Anderson, South Africa, def. Jarkko Nieminen, Finland, 7-6 (4), 6-3.	
Thomas Bellucci, Brazil, def. Go Soeda, Japan, 4-6, 6-4, 6-3.	
VALENCIA OPEN 500	
At Valencia, Spain	
Singles	
First Round	
David Ferrer (1), Spain, def. Olivier Rochus, Belgium, 7-5, 7-5.	
Xavier Malisse, Belgium, def. Jo-Wilfried Tsonga (2), France, 3-1, retired.	
Gilles Simon, France, def. Janko Tipsarevic (3), Serbia, 5-4, retired.	
Nicolas Almagro (6), Spain, def. Juan Carlos Ferrero, Spain, 7-5, 6-3.	
Sam Querrey, U.S., def. Feliciano Lopez, Spain, 6-3, 7-6 (4).	
Alexandr Dolgopopolov, Ukraine, def. Filippo Volandri, Italy, 6-3, 7-6 (5).	
Jurgen Melzer, Austria, def. Carlos Berlocq, Argentina, 6-3, 6-3.	

NFL	
AMERICAN CONFERENCE	
EAST	
W L T Pct PF PA	
New England	4 3 0 .571 217 163
Miami	3 3 0 .500 120 117
N.Y. Jets	3 4 0 .429 159 170
Buffalo	3 4 0 .429 171 227
SOUTH	
W L T Pct PF PA	
Houston	6 1 0 .857 216 128
Indianapolis	3 3 0 .500 117 158
Tennessee	3 4 0 .429 149 238
Jacksonville	1 5 0 .167 88 164
NORTH	
W L T Pct PF PA	
Baltimore	5 2 0 .714 174 161
Pittsburgh	3 3 0 .500 140 132
Cincinnati	3 4 0 .429 166 187
Cleveland	1 6 0 .143 147 180
WEST	
W L T Pct PF PA	
Denver	3 3 0 .500 170 138
San Diego	3 3 0 .500 148 137
Oakland	2 4 0 .333 113 171
Kansas City	1 5 0 .167 104 183

WEEK SEVEN	
Monday's result	
Chicago 13, Detroit 7	
Sunday's results	
Minnesota 21 Arizona 14	
Green Bay 30 St. Louis 20	
Houston 43 Baltimore 13	
N.Y. Giants 27 Washington 23	
Dallas 19 Carolina 14	
New Orleans 35 Tampa Bay 28	
Indianapolis 17 Cleveland 13	
Tennessee 35 Buffalo 34	
Oakland 26 Jacksonville 23 (OT)	
New England 29 N.Y. Jets 26 (OT)	
Pittsburgh 24 Cincinnati 17	
Thursday's result	
San Francisco 13 Seattle 6	

GOLF	
WEEKEND GLANCE	
US PGA TOUR/ASIAN TOUR	
CIMB CLASSIC	
Site: Kuala Lumpur, Malaysia.	
Schedule: Thursday-Sunday.	
Online: www.pgatour.com	
Asian Tour site: www.asiantour.com	
EUROPEAN TOUR	
BMW MASTERS	
Site: Shanghai.	
Schedule: Thursday-Sunday.	
Online: www.europeantour.com	
US LPGA TOUR	
SUNRISE LPGA TAIWAN CHAMPIONSHIP	
Site: Yang Mei, Taiwan.	
Schedule: Thursday-Sunday.	
Online: www.lpga.com	
CHAMPIONS TOUR	
AT&T CHAMPIONSHIP	
Site: San Antonio.	
Schedule: Friday-Sunday.	
Online: www.pgatour.com	

TOURNAMENTS	
MEN	
WEB.COM TOUR: Web.com Tour Championship, Thursday-Sunday, TPC Craig Ranch, McKinney, Texas. Online: www.pgatour.com	
JAPAN GOLF TOUR: Mynavi ABC Championship, Thursday-Sunday, ABC Golf Club, Hyogo, Japan. Online: http://www.jgto.org	
PGA TOUR OF AUSTRALASIA: Western Australia Open, Thursday-Sunday, Royal Perth Golf Course, Perth, Australia. Online: pgatour.com.au	
SUNSHINE TOUR: Sun Coast Classic, Thursday-Saturday, Durban Country Club, Durban, South Africa. Online: www.pgatour.co.za	
EUROPEAN CHALLENGE TOUR: Apulia San Domenico Grand Final, Wednesday-Saturday, San Domenico Golf Club, Savelletri, Italy. Online: www.europeantour.com	
WOMEN	
LADIES EUROPEAN TOUR: China Suzhou Taihu Open, Friday-Sunday, Suzhou Taihu International Golf Club, Suzhou, China. Online: www.ladieseuropeantour.com	
JAPAN LPGA TOUR: Hisako Higuchi Ladies, Friday-Sunday, Musashigaoka Golf Club, Saitama, Japan. Online: www.lpga.or.jp	

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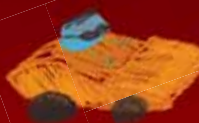
24/7

24 HOURS A DAY,
WE ARE ALWAYS THERE
WHEN YOU NEED US



78
YEARS

Our new Minivan is home now
 When I got in, DAD asked if I
 like that new Car smell.
 I said it smells like A new toy.
 and DAD said... exactly.



2013 Dodge Grand Caravan SXT shown.⁵

THE 2013 GRAND CARAVAN IS HERE AND THE 2012 PRICE IS HELD OVER

2013 DODGE GRAND CARAVAN CANADA VALUE PACKAGE



THE 2012 DODGE
GRAND CARAVAN WAS
A TOP SAFETY PICK BY
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FOR HIGHWAY SAFETY.

36 MPG
HWY
7.9 L/100 KM HWY*

283 HP
BEST-IN-CLASS*

\$19,995*

PURCHASE PRICE INCLUDES \$8,000
CONSUMER CASH,¹ FREIGHT, AIR TAX, TIRE
LEVY AND OMVIC FEE. TAXES EXCLUDED.
OTHER RETAILER CHARGES MAY APPLY.*

OR
CHOOSE

\$115 BI-WEEKLY FINANCING² @ **4.49%** FOR 96 MONTHS
WITH \$0 DOWN

STEP UP TO THE 2013 DODGE GRAND CARAVAN SXT

- Industry-Exclusive 2nd row Super Stow 'n Go[®] with one-hand operation
- Segment-Exclusive³ Stow 'n Place[™] roof rack
- 3rd row Stow 'n Go[®] with Segment-Exclusive³ tailgate seating

- Centre front floor console with cup holders
- Deep-tint sunscreen glass
- Body-coloured door handles and bodyside moulding

\$26
MORE BI-WEEKLY

*Your local retailer may charge additional fees for administration/pre-delivery that can range from \$0 to \$1,098 and anti-theft/safety products that can range from \$0 to \$1,298. Charges may vary by retailer.

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GRAND CARAVAN
CANADA'S BEST SELLING MINIVAN FOR 29 YEARS

DODGE.CA/OFFERS

Wise customers read the fine print: •, †, § 2013 Dodge Grand Caravan offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after October 2, 2012. Offers subject to change and may be extended without notice. See participating retailers for complete details and conditions. All pricing includes freight (\$1,500–\$1,595), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. •\$19,995 Purchase Price applies to the new 2013 Dodge Grand Caravan Canada Value Package (29E) and includes \$8,000 Consumer Cash Discount.

SiriusXM

DODGE
Caravan Kids
PROUD SPONSOR OF JAMNTEK HOCKEY ACROSS CANADA

¹Consumer Cash Discounts are offered on select 2012/2013 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. †4.49% purchase financing for up to 96 months available on the new 2013 Dodge Grand Caravan Canada Value Package (29E) model to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Auto Finance and Ally Credit Canada. Example: 2013 Dodge Grand Caravan Canada Value Package (29E) with a Purchase Price of \$19,995 (including Consumer Cash Discount) financed at 4.49% over 96 months with \$0 down payment, equals 208 bi-weekly payments of \$115 with a cost of borrowing of \$3,843 and a total obligation of \$23,837.61. §2013 Dodge Grand Caravan SXT shown. Price including applicable Consumer Cash Discount: \$24,541. ■Based on Ward's 2011 Small Van Segmentation. Excludes other Chrysler Group LLC designed and/or manufactured vehicles. ○Based on 2013 EnerGuide Fuel Consumption Guide ratings published by Natural Resources Canada. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. 2013 Dodge Grand Caravan Canada Value Package – Hwy: 7.9 L/100 km (36 MPG) and City: 12.2 L/100 km (23 MPG). [™]The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.



Escape in the 2013 Malibu



ALL PHOTOS WHEELBASE

Green option

For buyers with a green streak, the Malibu Eco features a 182-horse 2.4-litre four-cylinder and a special 15-horsepower electric motor/generator that adds "eAssist" via a belt drive during acceleration and passing. Called a "mild hybrid" because the Malibu Eco cannot run on electric power alone.



The trunk is very spacious

2013 Chevrolet Malibu

- **Type.** Four-door, front-wheel mid-size sedan.
- **Engines (hp):** 2.5l DOHC I4 (197), 2.0l DOHC I4 (259), 2.4l DOHC I4 with 15kw motor (182, net)
- **Transmission.** Six speed auto.
- **Base price (incl. destination).** \$26,500

Interior styling

Cabin styling, which was the previous Malibu's strong suit, hasn't veered off course for 2013. The dual cockpit-style seating arrangement, with its wrap-around dashboard and centre stack, returns in roughly the same format, but the controls and switches are laid out in a more straightforward fashion.

Design

On the outside, the Malibu's athletic lines reveal a more prominent grille and Camaro-influenced taillights at the opposite end. The range-topping LTZ is upgraded with brighter high-intensity discharge (HID) headlights and faster-acting light-emitting diode (LED) taillights.

Review. It's really three separate cars under the same banner

MALCOLM GUNN

Wheelbase Media

To be a mid-sized sedan in this day and age means that you actually have to be a lot more than just a mid-sized sedan.

You have to have a super-attractive entry price. You also have to show that you like clean air, trees and fluffy rabbits romping in fields. And, you have to be sporty enough for moms and dads who gave up their two-door cars when the stork came calling. But, since you can't really put all of that together in one car, the Malibu — and others in this class — have separate models to take care of a broad buyer base.

Once considered somewhat plain and uninspiring in a rental-fleet sort of way, the Malibu regained its groove for the 2008 model year with sharp styling, thoughtfully designed interior

appointments and competent road manners. The reviews bordered on gushing, sales spiked and the mid-size Chevy was walking proud again. The new 2013 Malibu has been repurposed for new challenges and increased sedan-class competitiveness. From top to bottom it's a completely different car, starting with a more rigid platform based on the Opel Insignia (also part of GM).

Exterior dimensions are closely aligned with the outgoing Malibu, except for about 11.5 centimetres of shrinkage between the front and rear wheels. Despite this deficit, most key passenger- and cargo-area measurements, except legroom, have actually increased. The speedometer and tachometer gauge pods are located in what are clearly Chevrolet Camaro-inspired housings. As with other recently launched GM sedans, the Malibu comes with 10 standard airbags, including front-knee inflatables.

In short, the 2013 Malibu offers a variety of models to a diverse group of buyers. Welcome to the modern mid-size sedan.



The Malibu's taillight influence is undeniable. All models are front-wheel drive and have some sort of four-cylinder propulsion.



The gauge layout will likely remind you of the Chevrolet Camaro.

By comparison



1 Ford Fusion
Base price: \$24,050



2 Nissan Altima
Base price: \$25,200



3 Mazda6
Base price: \$25,700

5 DRIVE

Wisely spend your way around car care this fall with these 10 products

Take a load off. With a vehicle maintenance investment this season you could have more time to enjoy life

JEFF
MELNYHCUK
Wheelbase Media

Car "care" is not a four-letter word.

In fact, like many things in life, you can spend your way around it. When it comes to your vehicle, a dollar spent on the right products often equals money saved down the road on repairs, resale value and elbow grease.

The following products were chosen for this reason. Wheelbase Media is not affiliated in any way with the following companies or their products.

They have been selected as a sample of the thousands of products out there that are designed to, among other things, give more time behind the wheel.

No. 1: Defend against door dings

Simply separate the two halves and stick them to the front and rear doors (thanks to built-in magnets) of your vehicle to provide a three-inch thick protective bumper.

Each set consists of a pair of 75-centimetre-long shock-absorbing tubes covered in soft, scratch-proof, weather-resistant polyester. Bound together by a heavy-duty cable, they're held by a ball at the end of the steel security cable that you simply toss into the vehicle before closing and locking the doors. doordefender.com

No. 2: Cap the problem

There are a number of valve-stem caps on the market that show you when tire pressure is low.

The Air Alert Valve Cap from Automotive Upgrade Technologies actually flashes for up to three weeks when the pressure drops by four p.s.i., a situation that needs your immediate attention. The list price is about \$40 US. Visit automotiveupgrade.com.

No. 3: The cart of all carts

OK, this item might not be for everyone, but if you're deadly serious about keeping your expensive ride(s) as clean and spotless as possible, then you'll definitely want to look into a Rebel Cart.

Each of the company's twin-compartment rolling

steel carts can store plenty of solvents, waxes and assorted cleaning supplies. There's also a portable air compressor (including an air hose and air gun) and a Metro-brand 4.0-horsepower portable vacuum cleaner.

Colour choices include red, white, matte black, gloss black and silver. Rebel Carts sell for \$2,000 US and through rebelcarts.com.

No. 4: "Carrying" a spare

Kurgo makes storing and moving your spare sets of tires a little easier (and cleaner) because of its one-size-fits-all bags with handles.

The Seasonal Tire Tote is intended to keep brake dust and other road filth off your clothes as well as out of the trunk or cargo compartment of your vehicle. Made from polyester and machine-washable. kurgo.com.

No. 5: Dressed with less mess

One coat of More Shine on a clean tire makes it look black, while a second helping provides a glossy shine. There's no dripping liquid, no sponges and a no wiping needed.

The Stoner company says the shine will last for weeks.

More Shine is claimed to provide UV protection from the sun, it won't "brown" the tires and it won't harm the finish on your wheels. more-shine.com.

No. 6: Smell? What smell?

Each one-kilogram bag contains porous volcanic rock with zeolite, which is a naturally forming mineral with the ability to absorb all kinds of smells, from food (regurgitated and otherwise) to oil and gasoline fumes.

All that's required to maintain the product's effectiveness is to occasionally place the bag in direct sunlight for six to eight hours. Stinky-Be-Gone sells for \$15 US (or three bags for \$40 US) from griotsgarage.com.

No. 7: Clean your cleaning cloths

The maker of WHOOSH! claims that its biodegradable detergent will make your microfibre towels turn out soft and fluffy as new, which is what you need to get back to work on your vehicle.

The product's formulation, which includes water softeners, attacks grease, dirt, oils, wax, brake dust and other stains without the use of bleach or other harmful chemicals.

A 950-millilitre bottle sells for about \$20 US and is available from the manufacturer at whooshinc.com.



Make cleaning your filthy car easier this fall. WHEELBASE

No. 8: Keep your cool

AC Pro, made by IDQ Inc., can actually stop a leak and replenish the system with refrigerant, all from a single can.

In addition, the manufacturer claims AC Pro's special formula contains the most effective coolant on the market. Each can of AC Pro includes a built-in pressure gauge, extra-long hose and special "snap lock" coupler. AC Pro retails for about \$50 US and is available from a number of auto-supply and department stores.

Watch the video demo and obtain purchasing info at acprocold.com.

No. 9: Dents be gone

The Bondo Small Dent Repair Kit comes with all the necessary items to help give a professional finish to small body-work jobs.

Each kit comes with six ounces of lightweight body filler, glaze, a spreader, a mixer and one sheet each of 80, 180 and 320-grit sandpaper that you progressively use to make the repair

smoother. Admittedly the process is not for the faint of heart, but once the job is completed, you're ready to prime and paint.

Available at amazon.com for \$15-\$18 US. You can also check out the complete line of 3M/Bondo car care products at 3Mcarcare.com.

No. 10: What's your ratchet?

If you work on cars, either as a hobby or to pay the bills, you'll appreciate a set of Zyklop ratchets from Wera.

Their unique rotating-mass design allows you to easily spin the socket up to three times more quickly (according to the manufacturer) than a standard ratchet.

Although tackling bolts is the Zyklop's primary function, it can also be used as a reversible screwdriver when fitted with one of a number of different bits.

Wera makes Zyklop ratchet sets from 18 to 43 pieces with prices beginning in the \$80 US range for the basic set through amazon.com. For more info, you can also check out us.wera.de.



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**2012
MAZDA2**

UP TO **\$2,500** CASH
DISCOUNT^Ω

All-in from **\$13,595** including Cash Discount. Excludes HST.



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DISCOUNT^Ω

All-in from **\$15,595** including Cash Discount. Excludes HST.



**2012
MAZDA5**

UP TO **\$4,000** CASH
DISCOUNT^Ω

All-in from **\$19,975** including Cash Discount. Excludes HST.



**2012
MAZDA6**

\$7,000 CASH
DISCOUNT^Ω

All-in from **\$18,965** including Cash Discount. Excludes HST.



**2012
CX-9**

\$5,000 CASH
DISCOUNT^Ω

All-in from **\$33,395** including Cash Discount. Excludes HST.



GT model shown

IN SHOWROOMS NOW!

5.7 L/100 km
highway
50 mpg[†]

7.8 L/100 km
city
36 mpg[†]

All in from
\$24,995^Δ
Excludes HST.

**2013
CX-5 with
SKYACTIV[™]
TECHNOLOGY**

HURRY IN! OFFERS END OCTOBER 31ST OR WHILE SUPPLIES LAST.

SCAN TO FIND YOUR
NEAREST MAZDA DEALER



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WHAT DO YOU DRIVE?

zoom-zoom



[†]0% APR Purchase Financing is available on all new 2012 Mazda vehicles and cannot be combined with Mazda Discount Cash offers. Terms vary by model. ^ΩCash Discount Offers available on select 2012 Mazda models and cannot be combined with finance offers. Cash discounts vary by model/trim level. Cash Discount Offers as follows: maximum \$2,500 on 2012 Mazda2 GS models, maximum \$3,000 on 2012 Mazda3 GS models, maximum \$4,000/\$3,500/\$3,000 on 2012 Mazda5 GS models (E6SD62AA00/E6SD62AB00/E6SD82) and \$3,000 on 2012 Mazda5 GT models, maximum \$7,000 on all 2012 Mazda6 models, \$5,000 on all 2012 CX-9 models. See dealer for complete details. ^ΔOffered Pricing for new 2013 CX-5 GX (NVXK63AA00) is \$24,995. As shown. Offered Pricing for 2013 CX-5 GT AWD (NXTK83AA00) is \$34,850. All offers include freight/P.D.E. and fees. Offers exclude HST. [†]5.7 L/100km (50 MPG) Highway/7.8 L/100 km (36 MPG) City - Based on ENERGYGUIDE Fuel Consumption Rating for the 2013 CX-5 with 6-speed manual transmission. These estimates are based on Government of Canada approved criteria and testing methods. Actual fuel consumption may vary. MPG is listed in Imperial gallons. PPSA, licence, insurance, taxes and down payment are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid October 2nd - 31st, 2012 while supplies last. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details.

Bank balance lean but keen to stay green? Choose Honda's old hybrid

Second gear.

2005 to 2007 Honda Accord Hybrid

JUSTIN PRITCHARD

Drive@metronews.ca

Pressing towards greater environmental sensibility, Honda launched a hybrid variant of their popular Accord sedan for the 2005 model year. The relatively short-lived model lasted through till 2007 and was never a sales success — though it furthered the automaker's reputation in the hybrid vehicle scene.

Look for an Accord Hybrid with heated leather seats, a navigation system, premium audio, remote entry, steering-wheel mounted audio controls and all of the other toys available in loaded-up Accord models.

Common issues

Check for a vibration or “tone” emitted from the Accord Hybrid's engine compartment, which is likely caused by a malfunction in the “Active Noise Cancellation” circuitry. When this system doesn't work properly, the sound is noticeable as cylinders are deactivated. If it's working, drivers shouldn't hear it.

Another possible issue may be related to the transmission. Some drivers report a clunking, surging or vibration apparent when shifting gears. If the Accord Hybrid you're considering doesn't feel like it's shifting properly, be double sure to have it checked out.



ALL PHOTOS HANDOUT

Engine



By adding their Integrated Motor Assist (IMA) system to the Accord's V6 powerplant, output climbed from the standard 240 horsepower to 255.

What owners dislike



Complaints include seat comfort, some cheap interior trim pieces and lower-than-expected handling performance due to the Accord Hybrid's fuel-saving tires.

What owners like



Owners gravitated initially toward the model because of its promise of elevated performance and good real-world mileage. Honda's reliability and reputation for safety and a refined driving experience attracted shoppers, too.

Verdict

Shop carefully, test-drive thoroughly, and try to find a model that's familiar to the selling Honda dealer. A full checkup is mandatory, and an extended warranty that covers the hybrid drivetrain components isn't a bad idea either.



Accord's engine has 255 horsepower

Be wary of how winter taxes your fuel intake

Part of being a smart, safe, fuel-efficient driver includes knowing how to achieve good results even in the worst weather. Did you know, for example, that the combined effects of various conditions can increase fuel consumption more in winter than summer? While it may sound obscure, when you break it down it really makes sense.

• Drivers should expect higher fuel consumption in cold weather. The U.S. Environmental Protection Agency (EPA) found that a drop in temperature from 24 C to 7 C increased fuel consumption in urban commutes by 12

to 28 per cent.

• Aerodynamic resistance is greater in winter. Cold, dry winter air is about 12 per cent denser than warm, humid summer air, increasing highway fuel consumption by about 1.3 per cent in winter. The average wind speed is also higher in winter, which contributes to increased aerodynamic resistance and fuel consumption.

• Winter roads create difficult driving conditions. Roads tend to be rougher in the winter, with increased asphalt deterioration and a mix of snow, ice, slush, water, salt, gravel, and sand. The engine works harder to offset the increased

rolling resistance, as the tires must push aside heavy snow and road cover. The snow and ice also increase wheel slippage, which results in higher fuel consumption. U.S. EPA data shows that fuel consumption can increase from seven to 35 per cent as a result of poor road conditions, depending on the surface type and snow load.

• Winter gas normally has lower energy density. Gasoline composition is seasonally and geographically adjusted based on historical temperature data. A litre of winter gas has less energy than a litre of summer gas,

typically in the range of 1.5 to three per cent. Diesel fuel is similarly affected.

• Winter driving taxes the vehicle's electrical system. Except for using air conditioning on hot summer days, a vehicle's electrical loads are normally higher in cold weather due to greater demand from heating, defrosting, heated seats, heated mirrors and increased use of the windshield wipers and washer pump. The energy for these electrical loads is provided by the vehicle's electrical system, which obtains power from the engine.

NEWS CANADA



Ice and snow means more money spent at the pump. ISTOCK

INTRODUCING THE ALL-NEW 2013 XV CROSSTREK



Limited Package shown

LEASE PAYMENT
\$298
FOR 24 MONTHS*

starting from \$26,423 *
\$2,882 DOWN* | **3.9%** LEASE RATE



2.5XT Limited shown

2013 **FORESTER** 2.5X

starting from \$27,923 *
\$2,611 DOWN* | **0.9%** LEASE RATE

LEASE PAYMENT
\$288
FOR 24 MONTHS*



3.6R Limited Package shown

2013 **OUTBACK** 2.5i
convenience package

starting from \$30,423 *
\$3,831 DOWN* | **0.9%** LEASE RATE

LEASE PAYMENT
\$318
FOR 24 MONTHS*



2013 **LEGACY** 2.5i

starting from \$25,423 *
\$3,497 DOWN* | **0.9%** LEASE RATE

LEASE PAYMENT
\$228
FOR 24 MONTHS*

**GREAT
INCENTIVES**
REMAIN ON 2012 MODELS
TIME IS RUNNING OUT!

JAPANESE ENGINEERED VEHICLES STANDARD WITH
SYMMETRICAL AWD



ALG AWARD WINNER
Best Mainstream
Brand*



Top Safety Pick: 2012 Subaru Lineup. *Subaru is the only manufacturer with IIHS Top Safety Picks for all models, for the third year in a row.



SUBARU
Confidence in Motion



*Ratings of "Good" are the highest rating awarded for 40-mph frontal offset, 31-mph side-impact and 20-mph rear-impact crash tests conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). A "Good" rating obtained in all three crash tests plus a "Good" rating in new roof strength testing and the availability of Electronic Stability Control (ESC) (Vehicle Dynamics Control) achieves a 2012 Top Safety Pick. *Based on ALG's 2012 Residual Value Award for Best Mainstream Brand. *MSRP of \$24,495/\$25,995/\$23,495/\$28,495 on 2013 XV Crosstrek Touring Package (DX1 TPI)/Forester 2.5X (DJ1 X0)/Legacy 2.5i (DA1 BP)/Outback 2.5i Convenience Package (DD1 CP). Lease rate of 3.9%/0.9%/0.9%/0.9% for 24/24/24/24 months. Monthly payment is \$298/\$288/\$228/\$318 with \$2,882/\$2,611/\$3,497/\$3,831 down payment. Option to purchase at end of lease is \$17,999/\$18,795/\$16,802/\$19,371. Advertised pricing consists of MSRP plus charges for Freight/PDI (\$1,595), Air Tax (\$100), Tire Stewardship Levy (\$29.20), OMVIC Fee (\$5), Dealer Admin (\$199). Freight/PDI charge includes a full tank of gas. Taxes, licence, registration and insurance are extra. \$0 security deposit. Models shown: 2013 XV Crosstrek Limited Package (DX1 LP) with an MSRP of \$28,995. 2013 Forester 2.5XT Limited (DJ2 XTN) with an MSRP of \$35,895. 2013 Outback 3.6R Limited Package (DD2 LNB) with an MSRP of \$38,495. Dealers may sell or lease for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Lease based on a maximum of 20,000 km per year, with excess charged at \$0.10/km. Leasing and financing programs available through Subaru Financial Services by TCCI. Other lease and finance rates and terms available; down payment or equivalent trade-in may be required. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. Offers available until October 31, 2012. See your local Subaru dealer for complete program details.

Éric Toulouse, SALES MANAGER

All prices include freight and fees. Excludes HST and licensing.

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Child seats: One size doesn't fit all

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Don't take risks, and be informed when it comes to seating your kid

JIL MCINTOSH
drive@metronews.ca

You know that your child should always be in the proper safety seat at all times in a vehicle. But you may not be aware of changing recommendations for the type of seat they use.

The transition through various types of seats depends more on a child's development than age or weight, according to Barbara Baines, child passenger safety advocate for Britax.

"Britax recommends rear-facing as long as possible," she says.

"It's a safer way to travel, because during a frontal collision, the force of the collision is absorbed through the back of the seat, and there is no energy or force being put on the weaker front parts of the body."

The federal government sets standards for the seats themselves, but provinces set laws for their use.

The weight and age of children in rearward-facing seats is often legislated at 20 to 22 pounds, or a minimum of one year.

Baines recommends using the child's development instead and keeping them rearward-facing until they can walk unassisted.

"Many children are bigger than in the past, and that's why we've brought

Things to note

- **Better safe than sorry.** Always register your seat with the manufacturer when you buy it, so you can be alerted to any product recalls.
- **Support is crucial.** Make sure any seat sufficiently cushions the child's head and prevents excessive head and neck movement in a crash.

Some perspective

"Also, you don't know if that seat has ever been in a collision, been mistreated, or if there's a recall on it. It's not worthwhile saving money when it's your child's safety at stake"

Barbara Baines, Child Passenger Safety advocate for Britax
On the dangers of buying a second-hand car seat for a baby or child

cushion.

Until this is possible, the child should remain in a seat with a five-point harness. All child seats should be replaced after their expiration date or if they've been in a crash, even if the seat was empty at the time. Baines cautions about buying used seats.

"It's illegal to sell second-hand seats unless they meet the Transport Canada safety standards as of January 2012," she says.

"Also, you don't know if that seat has ever been in a collision, been mistreated, or if there's a recall on it. It's not worthwhile saving money when it's your child's safety at stake."



Sitting pretty in her car seat. BRITAX

HURRY IN FOR A HONDA



THE ALL-NEW 2013 ACCORD LX IS HERE

LEASE THE ALL-NEW
2013 ACCORD LX FROM

\$258@2.99% APR

PER MONTH FOR 36 MONTHS* WITH \$3,794
DOWN PAYMENT/OAC AND \$0 SECURITY DEPOSIT

STANDARD FEATURES ON
ALL 2013 ACCORDS INCLUDE:

185-hp, 2.4-litre engine with Earth Dreams technology • Enhanced Power & Fuel Efficiency • 17" Aluminum-alloy wheels • Heated front seats • Bluetooth® Wireless phone interface • E-mail and SMS texting features* • Rearview Camera†



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-SMALL SUV



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PRICE INCLUDES FREIGHT, PDI, LEVIES AND
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OR GET

\$5000*

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ON ALL 2012 HONDA PILOT, RIDGELINE
AND CROSSTOUR MODELS.



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Q Limited time lease offers on a new 2013 Honda Accord LX (Model CR230E) // 2012 Honda CR-V LX 2WD (Model RM3H3CE) available through Honda Financial Services Inc. on approved credit. Representative lease example: based on a 2013 Honda Accord LX (Model CR230E) // 2012 Honda CR-V LX 2WD (Model RM3H3CE) on a 36 // 48 month term at 2.99% // 2.99% lease APR, the monthly payment is \$257.99 // \$287.99 (includes \$1,640 freight and PDI, EHF fees (\$29), EHF filters (\$11), A/C tax (\$100), and OMVIC fee (\$6)) with \$3,794 // \$3,879 down payment or equivalent trade-in, \$0 security deposit and first monthly payment due at lease inception. Total lease obligation is \$13,081.84 // \$17,702.52. 72,000 // 96,000 kilometre allowance; charge of \$0.12/km for excess kilometres. During the initial model launch period, dealer inventories of 2013 Accord models may be low. Dealer order may be required and delivery delays up to two months may be expected. *Receive 1.99% purchase financing on any new 2012 Honda Civic DX Sedan (Model FB2E2CX) for a maximum of 84 months available through Honda Financial Services Inc. on approved credit. Bi-weekly Finance example: based on a 2012 Honda Civic DX Sedan (Model FB2E2CX) equals 182 bi-weekly payments of \$97 over an 84 month term at 1.99% APR; complete price of \$16,520 (includes \$1,495 freight and PDI, EHF fees (\$29), EHF filters (\$11), A/C tax (\$100) except Honda Civic DX), and OMVIC fee (\$6). Excludes taxes, license, insurance, and registration. Cost of borrowing is \$1,192.42 for a total finance obligation of \$17,710.42. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. *\$5,000 customer cash incentive is valid on any new 2012 Honda Pilot // 2012 Honda Ridgeline // 2012 Honda Crosstour models when registered and delivered between October 2nd and October 31st, 2012. Cash incentive is available for all Honda retail customers except customers who lease or finance through Honda Financial Services Inc. at a subvented rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates. Cash incentive will be deducted from the negotiated price before taxes. *\$500 // \$750 Gas Card offer applies only to retail customer purchase or lease agreements for new 2012 Honda Civic // Honda CR-V models concluded between October 2nd and October 31st at participating Ontario Honda Dealers. \$500 // \$750 Gas Card offer includes GST, PST, HST, GST where applicable and consists of \$500 // \$500 Customer Incentive from Honda Canada Inc. for all 2012 Civic // 2012 CR-V models, plus \$250 Customer Incentive from Individual Ontario Honda Dealers for 2012 CR-V models. For all offers, license, insurance, PPSA, and other taxes (including HST) are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell/lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. *Does not replace the driver's responsibility to exercise due care while driving. **Based on Association of International Automobile Manufacturers of Canada (AIACM) data reflecting sales between 1997 and December 2011. A/Tax message and e-mail functions are only compatible with certain devices.

SCAN HERE
FOR MORE
INFORMATION



Horoscopes

Aries

March 21 - April 20

You are rarely subtle in the way you say things and today you will speak your mind without fear or favour. Leave others in no doubt at all that you are not amused by what has been going on of late.

Taurus

April 21 - May 21

Not everyone can live up to your exacting standards, so make allowances for those whose efforts fall short of the mark. The quality you most need to develop is patience. It won't be easy but it can be done.

Gemini

May 22 - June 21

You need to slow down and take life at a more leisurely pace. The planets warn that mistakes will be made unless you think things through carefully over the next few days. Remember, your health always comes first.

Cancer

June 22 - July 23

You have much to look forward to over the next few weeks, so don't waste time or energy on things that no longer matter. Whatever yesterday's problems were, it's time to put them out of your mind forever.

Leo

July 24 - Aug. 23

Keep telling yourself that you are supposed to make mistakes and that it's not necessarily bad when things go wrong. The important thing now is that you learn from setbacks and make sure they don't happen again.

Virgo

Aug. 24 - Sept. 23

What someone is saying about you is designed to make you feel bad about yourself, but you don't have to play their silly game. You know what you are capable of. You are perfect just the way you are.

Libra

Sept. 24 - Oct. 23

Find ways to streamline your daily routine so you have more time for personal matters such as affairs of the heart. Most likely you are doing things for other people that they should be doing for themselves. Enough is enough.

Scorpio

Oct. 24 - Nov. 22

Play by the rules and don't give your enemies an opportunity to catch you out. If you demand the highest standards of other people, they have the right to demand the highest standards of you.

Sagittarius

Nov. 23 - Dec. 21

Someone who has a lot of charm will make a big impression on you today but are they as nice as they look? If your sixth sense tells you to be on your guard, you would be wise to listen to it.

Capricorn

Dec. 22 - Jan. 20

Forget about tomorrow and focus on what you are supposed to be doing right now. Take each day as it comes and tackle a single task at a time. One small task completed is better than ten big tasks left unfinished.

Aquarius

Jan. 21 - Feb. 19

Stop worrying that the sky is about to fall and start doing the things that will make your existence more secure. For starters, you should be pushing ahead with a creative project. Time's running out.

Pisces

Feb. 20 - March 20

A loved one is in need of cheering up and you are the one who can help. Make it your business to put the smile back on their face and, in doing so, your own worries will fade away too. **SALLY BROMPTON**

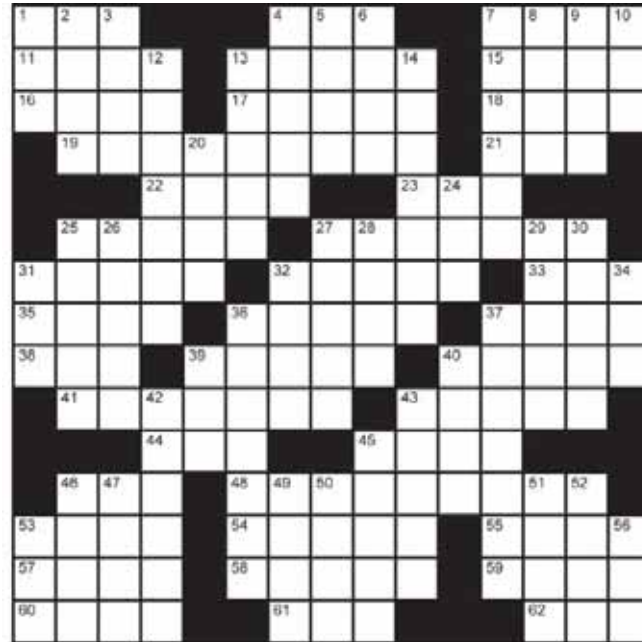
Two Cities, One Rocker, and Stuff for Walls

Across

- Parliamentarians
- African antelope also known as a wildebeest
- Not this
- Comic Sandler
- French coin replaced by the euro
- Nevada's "The Biggest Little City in the World"
- Crafty
- Starbucks order
- Sandwich cookie
- Saskatchewan's largest city
- Body part right above the neck
- Benedict XVI or John Paul II
- ___ la la
- Egyptians and Iraqis
- Home of the Argo-nauts
- Wonderland girl
- With ___ breath: anxiously
- Basis for a Quaker cereal
- Small inlet
- Ancient Celtic priest
- "Are not!" playground retort (2 wds.)
- Before: poetic
- Years 13 through 19
- Peaks of perfection
- See 24-Down
- Bows one's head in church
- Deity
- Street
- Windsor product
- Wallpaper alternative
- One of the Great Lakes
- By oneself

Down

- PC alternative
- BlackBerrys and Palm Pilots
- A long tale such as *Beowulf*
- Prepare parmesan
- Mutual defense org. to which Canada and the US belong
- "Do ___ others as you would ..."
- Like the famous wooden horse
- Jealous wife of Zeus
- All over again
- Also
- Facebook competitor
- Airplane wing parts
- Moved to the middle
- Basketballer Bryant
- With 41-Across, "Maggie May" or "Do Ya Think I'm Sexy?" singer
- Then: Fr.
- Blue jeans reinforcement
- Tease
- Lex's *Superman* sidekick
- The Who's pinball wizard
- Desert rest stops



- Top card
- Uncle Remus character ___ Rabbit or Bear
- How-___: instruction manuals
- Poker-faced
- Early French Canadian
- Deuce
- Shrinking inland sea that forms part of the border between Kazakhstan and Uzbekistan
- Entrance's opposite
- North and South ___
- Sign up for more magazine issues
- They were among the original inhabitants of Ontario
- Assistant
- "Sad to say..."
- Iditarod's Alaska terminus
- Must-have item
- Bull ring wound
- Be on the wane
- At present

Yesterday's Crossword



What's online

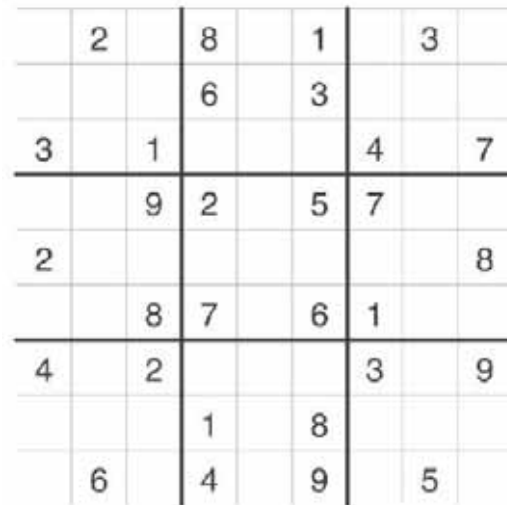
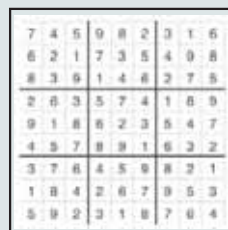
See today's answers at metronews.ca/answers.

Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Today
10°/5°
Variable

Thursday
14°/13°
Showers
40%

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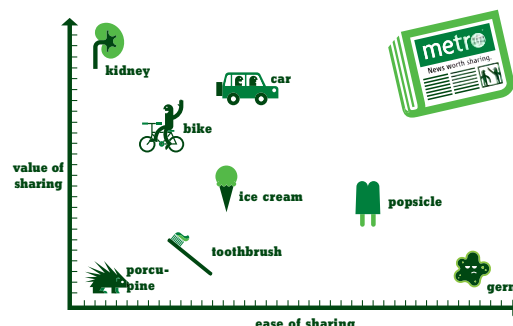
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84

MONTHS

ON SELECT MODELS



Limited model shown

IT'S NO COMPETITION.

	2013 Hyundai Elantra Sedan L	2012 Honda Civic Sedan DX*
Fuel Economy	HWY: 4.9L/100km 58 mpg*	HWY: 5.4L/100km 52 mpg*
Horsepower	148 hp	140 hp
Passenger Volume	2,707L	2,677L
Cargo Volume	420L	353L
Basic Warranty	5-Year/100,000km	3-Year/60,000km




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2013 ELANTRA SEDAN

SELLING PRICE: \$17,480* ELANTRA L 6-SPEED MANUAL. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

OWN IT

\$99

BI-WEEKLY PAYMENT

WITH


0.99%[†]

FINANCING FOR 84 MONTHS

AND

\$0

DOWN PAYMENT



SE with Tech. shown

2013 ELANTRA GT

INCLUDES: DRIVER SELECTABLE STEERING (DSS) • AIR CONDITIONING • 7 AIRBAGS • HEATED FRONT SEATS • CRUISE CONTROL • SIRIUS XM® RADIO WITH BLUETOOTH® HANDS FREE PHONE SYSTEM • COOLED GLOVE BOX

SELLING PRICE: \$20,780* ELANTRA GT GL 6-SPEED MANUAL. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

OWN IT

\$118

BI-WEEKLY PAYMENT

WITH

0.99%[†]


FINANCING FOR 84 MONTHS

AND

\$0

DOWN PAYMENT

INCLUDES AIR CONDITIONING



Tech. model shown

2013 VELOSTER

INCLUDES: AIR CONDITIONING • 7" LCD TOUCH-SCREEN MULTIMEDIA SYSTEM WITH AM/FM/SIRIUS XM®/CD/MP3 PLAYER WITH 6 SPEAKERS • REARVIEW CAMERA • BLUETOOTH® HANDS FREE PHONE SYSTEM • 17" ALLOY WHEELS • IPOD®/USB/AUXILIARY INPUT JACKS


SELLING PRICE: \$21,130* VELOSTER 6-SPEED MANUAL. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

FINANCING


0.9%[†]

FOR 48 MONTHS

INCLUDES AIR CONDITIONING



2012 AJAC BEST NEW DESIGN



2012 AJAC BEST NEW SPORTS/PERFORMANCE CAR (UNDER \$30K)



Limited model shown

2013 SONATA GL

INCLUDES: 6-SPEED AUTOMATIC TRANSMISSION • AIR CONDITIONING • HEATED FRONT SEATS • AUXILIARY MP3/USB/iPod® INPUT • SIRIUS XM® RADIO WITH BLUETOOTH® HANDS FREE PHONE SYSTEM

SELLING PRICE: \$25,350* SONATA GL AUTO. INCLUDES \$350 PRICE ADJUSTMENT*. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

OWN IT

\$139

BI-WEEKLY PAYMENT

WITH

0%[†]

FINANCING FOR 84 MONTHS

AND

\$0

DOWN PAYMENT

INCLUDES AUTO & AIR



Limited model shown

2013 SANTA FE

INTRODUCING THE ALL-NEW

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STARTING FROM: \$28,395* SANTA FE 2.4L FWD AUTO. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

FINANCING

0.9%[†]

FOR UP TO 48 MONTHS


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5-year/100,000 km Powertrain Warranty

5-year/100,000 km Emission Warranty



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Pembroke, 613-735-5636

Myers Kanata Hyundai
400-2500 Palladium Dr.
Kanata, On 613-592-8883

Myers Hyundai
164 Robertson Rd.
Ottawa, 613-721-4567

Hyundai on Hunt Club
390 Hunt Club Road West
Ottawa, 613-688-3600

Bank Street Hyundai
2788 Bank St.
Ottawa, 613-739-7530

Pathway Hyundai
1375 Youville Dr.
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